

# Eight Year Interim Results of a 20-Year Observational Study of Transrectally Delivered, MRI-Guided Laser Interstitial Thermal Therapy of Prostate Cancer in an Outpatient Setting

Prepared for Brigham and Women's, May 8, 2018

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Department of Internal Medicine  
Chief Research Officer, Desert Medical Imaging



# Disclosures:

Ms. Greenwood has nothing to disclose

# **Genomic Classifiers and their Possible Role in Focal Therapy**

Topics to be discussed:

The history of biopsy strategies

Evolution of mpMRI

Technical aspects of MRI-guided biopsies

Rationale for MRI-guided laser focal therapy of PCa

Update on NCT #02243033 (Phase II clinical trial)

# STATE of WISCONSIN



OFFICE of the GOVERNOR

## Proclamation

*WHEREAS*, on Thursday, June 4, 2015, Milwaukee Area Technical College is hosting a "Wake up and Smell the Coffee – Prostate Cancer Update 2015" session from 11 a.m. – 2 p.m., that is open to the public; and

*WHEREAS*, in the United States alone, new prostate cancer cases for 2014 were estimated at 233,000 and deaths at more than 29,000; and

*WHEREAS*, screening can help diagnose the disease in its early stages, increasing the chances of survival; and

*WHEREAS*, there are no noticeable symptoms of prostate cancer while it is still in the early stages, making screening critical; and

*WHEREAS*, ongoing research promises further improvements in prostate cancer prevention, early detection, and treatments; and

*WHEREAS*, educating everyone about prostate cancer and early detection strategies is crucial to saving lives, and preserving and protecting families;

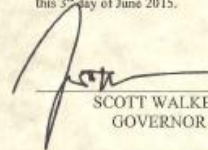
*NOW, THEREFORE*, I, Scott Walker, Governor of the State of Wisconsin,  
do hereby proclaim Thursday, June 4, 2015, as

### PROSTATE CANCER AWARENESS DAY

throughout the State of Wisconsin, and I commend this observance to all of our citizens.



IN TESTIMONY WHEREOF, I have  
hereto set my hand and caused the Great  
Seal of the State of Wisconsin to be affixed.  
Done at the Capitol in the City of Madison  
this 3<sup>rd</sup> day of June 2015.

  
SCOTT WALKER  
GOVERNOR

By the Governor:

  
DOUGLAS LA FOLLETTE  
Secretary of State



## BREAST MRI

- Complements Mammo / US
- Breast intervention (**do a targeted biopsy under MR**) per ACR practice guidelines
- Mastectomy vs. lumpectomy and focal treatment



## PROSTATE MRI

- Complements PSA / DRE / TRUS
- Prostate intervention (**targeted biopsy under MR-guidance**)
- MR/US fusion biopsy
- Focal therapy vs. whole-gland, radical treatment (prostatectomy, XRT, ADT)



# Literature Timeline 1920 - present

1920's	<b>1922 – Barringer:</b> <b>Transperineal needle biopsy</b>	<b>1926 – Young: Open perineal biopsy</b>	
1930's	<b>1930 – Ferguson: First perineal needle aspiration biopsy</b>	<b>1937 – Astraldi: First transrectal biopsy</b>	
1940's	-----	-----	-----
1950's	-----	-----	-----
1960's	<b>1963 – Takahashi and Ouchi: TRUS to evaluate prostate</b>	<b>1968 – Watanabe et al.: First clinically useful TRUS images</b>	<b>1968 – McNeal: proposes three distinct glandular zones</b>
1970's			
1980's	<b>Mid-1980's – improvements in transducer technology and biopsy capability</b>	<b>1986 – PSA test introduced for prostate cancer screening</b>	<b>1989 – Hodge et al.: modern era of systematic prostate biopsy begins</b>
1990's	<b>1995 – Stamey: modified sextant technique to include laterally directed</b>	<b>1996 – Nash et al.: peri-prostatic nerve blockade used for biopsy pain management</b>	<b>1997 – Eskew et al.: systematic extended biopsy technique</b>
2000's	<b>2004 – Beyersdorff et al.: MRI-guided prostate biopsy at 1.5T</b>		
2010's	<b>2011 – Greenwood et al.: Transrectal MRI-guided laser interstitial thermal therapy of PCa</b>	<b>2011 – Pinto et al.: MRI/US fusion prostate biopsy</b>	<b>2012 – NCCN Guidelines include Multiparametric MRI</b>

Adapted from Applewhite, Cancer Control 141, March/April 2001, Vol. 8 No.2

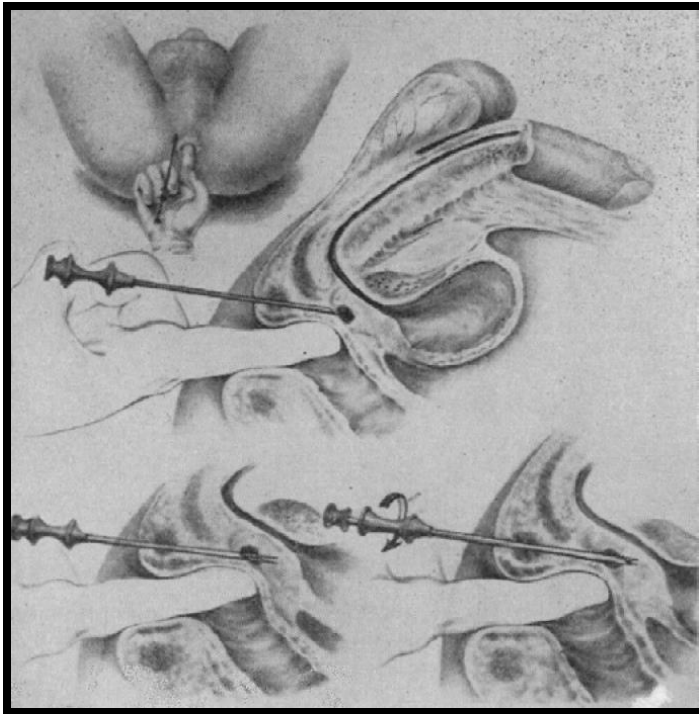
Levana Yeo, Dharmesh Patel, Christian Bach, Athanasios Papatsoris, Noor Buchholz, Islam Junaid and Junaid Masood (2011). The Development of the Modern Prostate Biopsy, Prostate Biopsy, Dr. Nabil K. Bissada (Ed.), ISBN: 978-953-307-702-4, InTech, Available from: <http://www.intechopen.com/books/prostate-biopsy/thedevelopment-of-the-modern-prostate-biopsy>

# Prostate Biopsy in the 1920's

1920's

**1922 – Barringer:**  
Transperineal needle  
biopsy

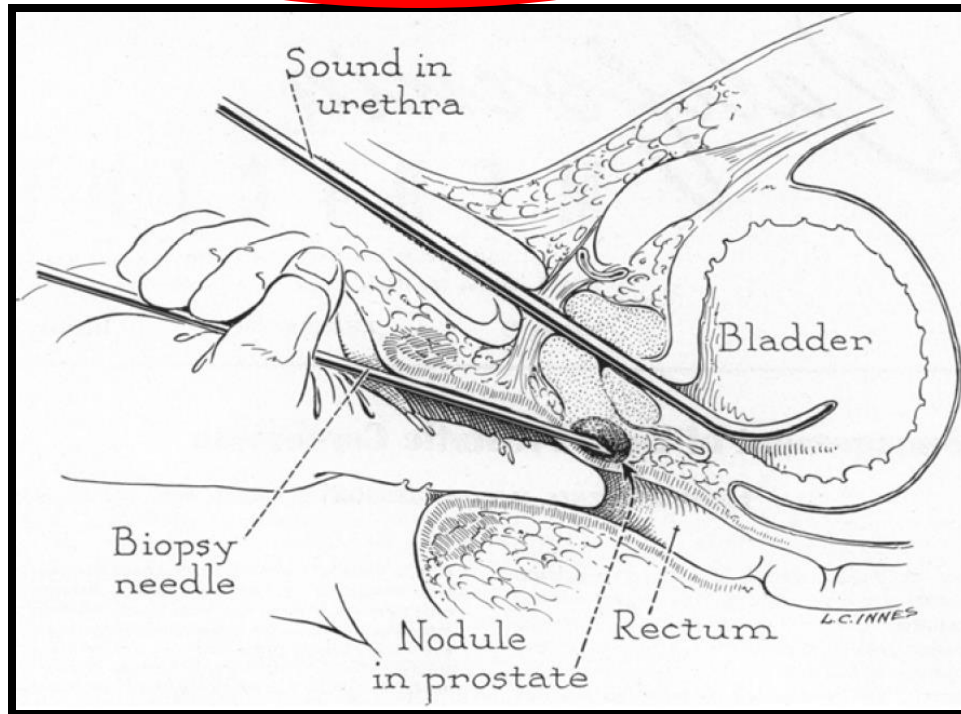
**1926 – Young: Open perineal**  
biopsy



Kaufman, J.J., Rosenthal, M. and Goodwin, W.E.. Needle biopsy in diagnosis of prostate cancer. California Medicine. 1954; 81; 5: 308-313

# Prostate Biopsy in the 1930's

1930's    1930 – Ferguson: First perineal needle aspiration biopsy    1937 – Astraldi: First transrectal biopsy



Astraldi, A. Diagnosis of cancer of the prostate: biopsy by rectal route. *Urol Cutan Rev.* 1937; 41: 421–427



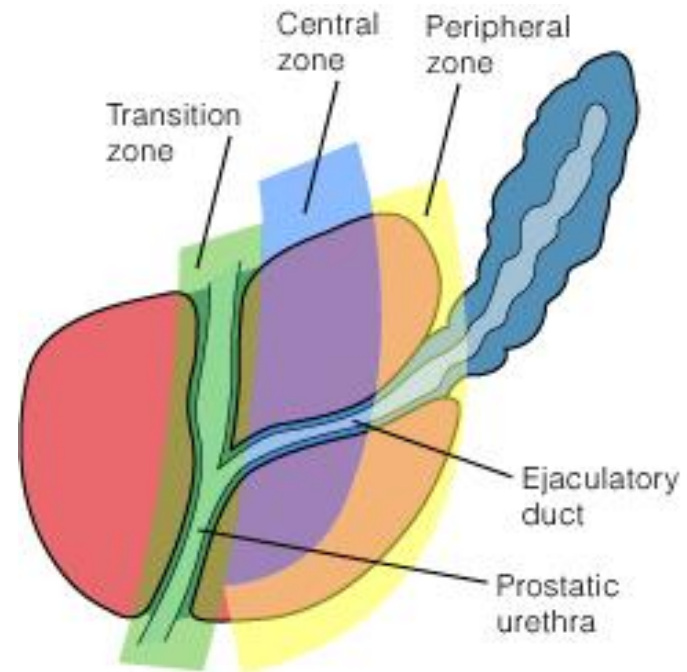
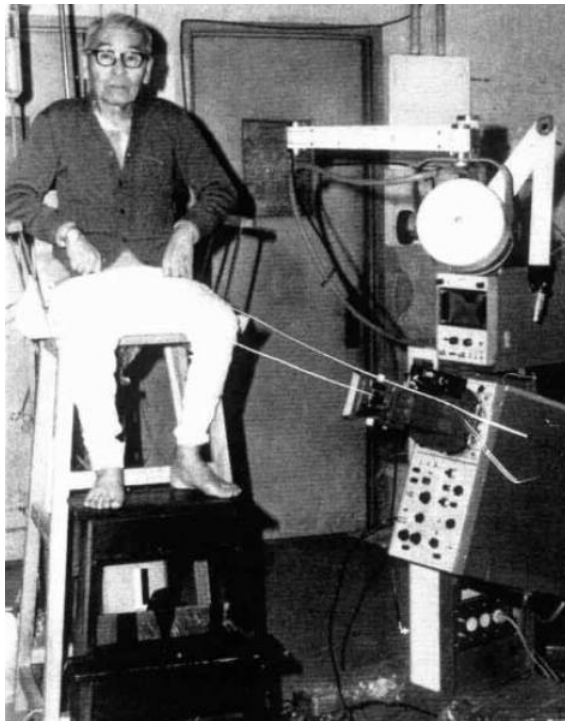
# Prostate Biopsy in the 1960's

1960's

1963 – Takahashi and  
Ouichi: TRUS to evaluate  
prostate

1968 – Watanabe et al.: First  
clinically useful TRUS images

1968 – McNeal: proposes  
three distinct glandular  
zones



*Am J Clin Pathol.* 1968;49:347.

# Prostate Biopsy in the 1980's

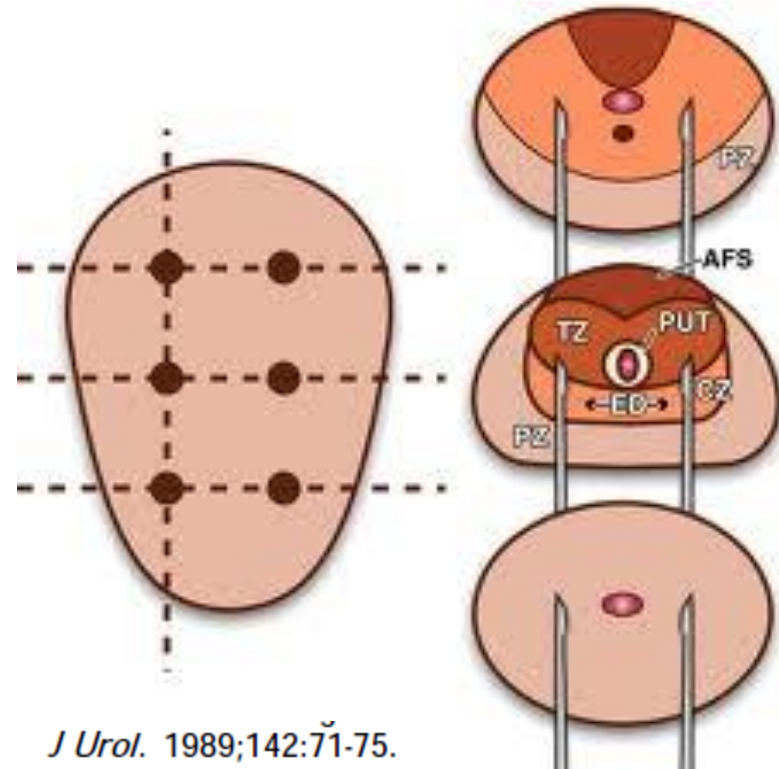
1980's **Mid-1980's – improvements in transducer technology and biopsy capability**



1986 – PSA test introduced for prostate cancer screening



1989 – Hodge et al.: modern era of systematic prostate biopsy begins



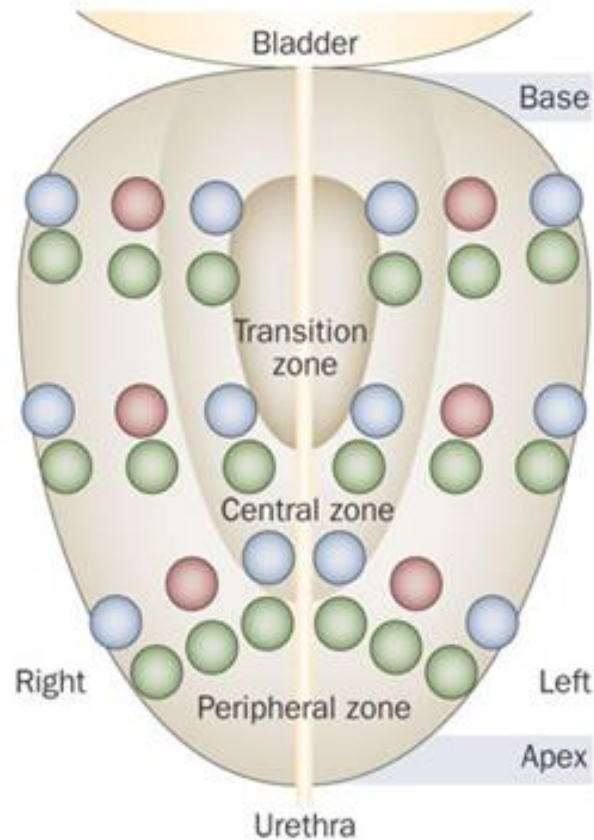
# Prostate Biopsy in the 1990's

1990's

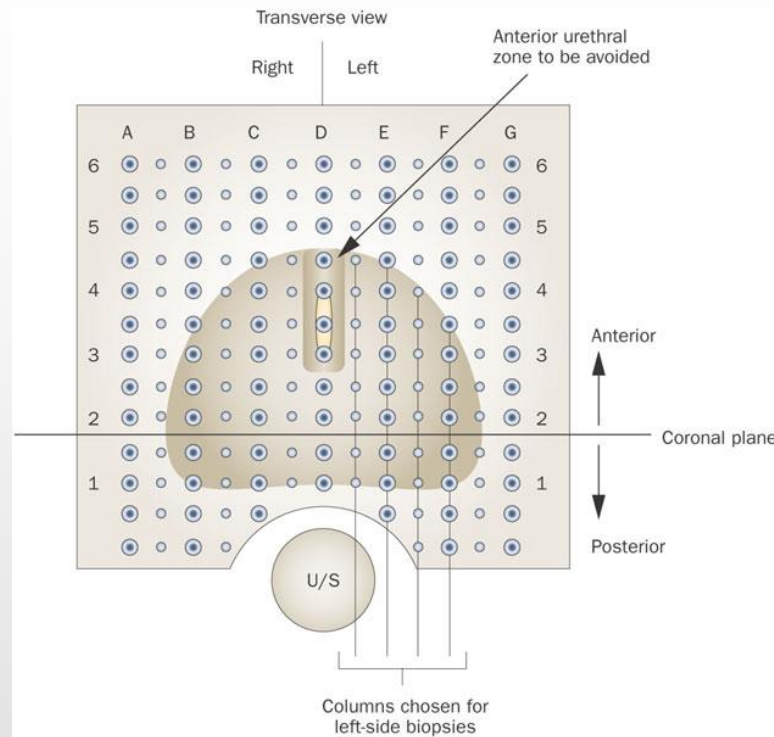
1995 – Stamey: modified sextant technique to include laterally directed

1996 – Nash et al.: peri-prostatic nerve blockade used for biopsy pain management

1997 – Eskew et al.: systematic extended biopsy technique



## Figure 2 Prostate as seen on transrectal ultrasonography during saturation biopsy



Modified, with permission, from Whitmore, W. F. and Barzell, W. E. (2003) *Urology Times*, 1 May © Winston E. Barzell.

Andriole GL (2009) The lottery of conventional prostate biopsy  
*Nat Rev Urol* doi:10.1038/nrurol.2009.46

# Saturation Biopsy

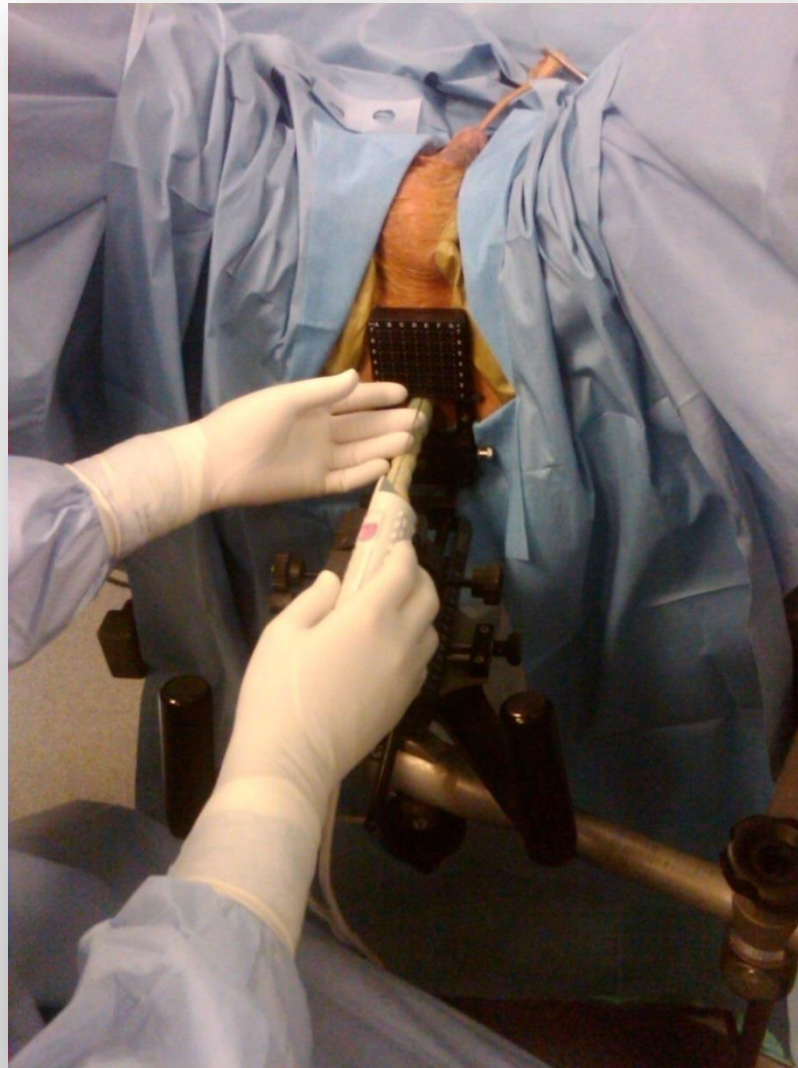


Photography courtesy of Thomas Polascik, M.D., Duke University

# Saturation Biopsy



# Saturation Biopsy

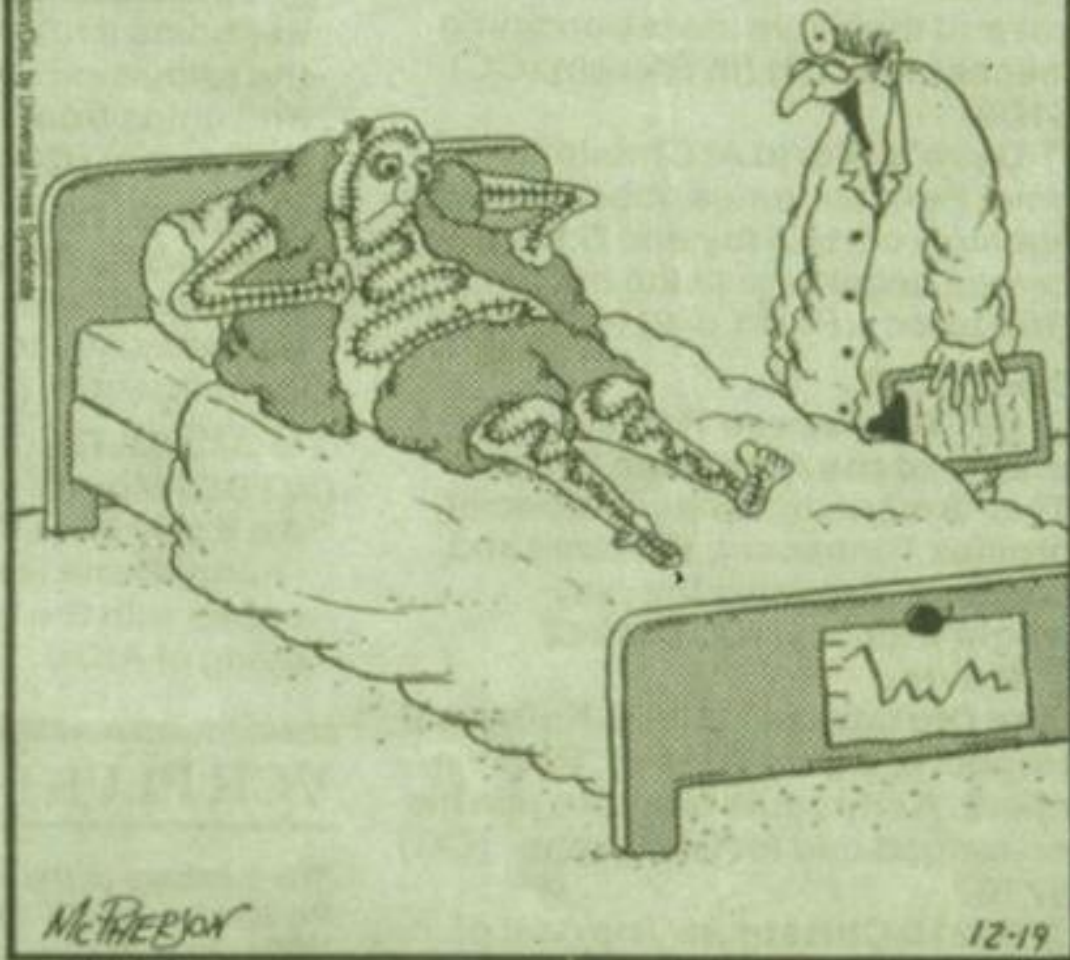


# Saturation Biopsy





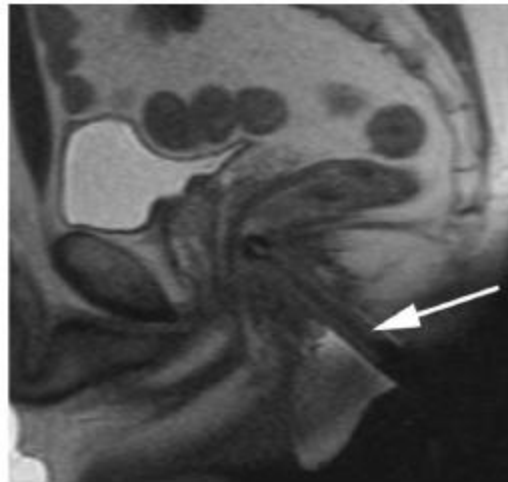
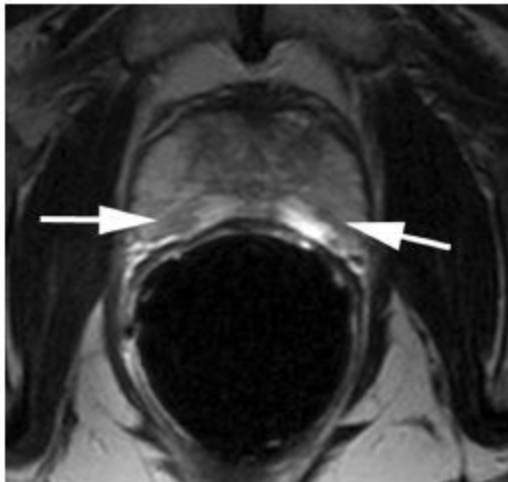
© 1994 John McPherson. By Universal Uclick Syndicate



"Good news! The exploratory surgery turned up negative!"

# Prostate Biopsy in the 2000's

2000's **2004 – Beyersdorff et al.:  
MRI-guided prostate  
biopsy at 1.5T**



Beyersdorff D et al. MR Imaging-guided Prostate Biopsy with a Closed MR Unit at 1.5 T: Initial Results. Radiology 2005; 234:576–581.

# Ultrasound vs. MRI

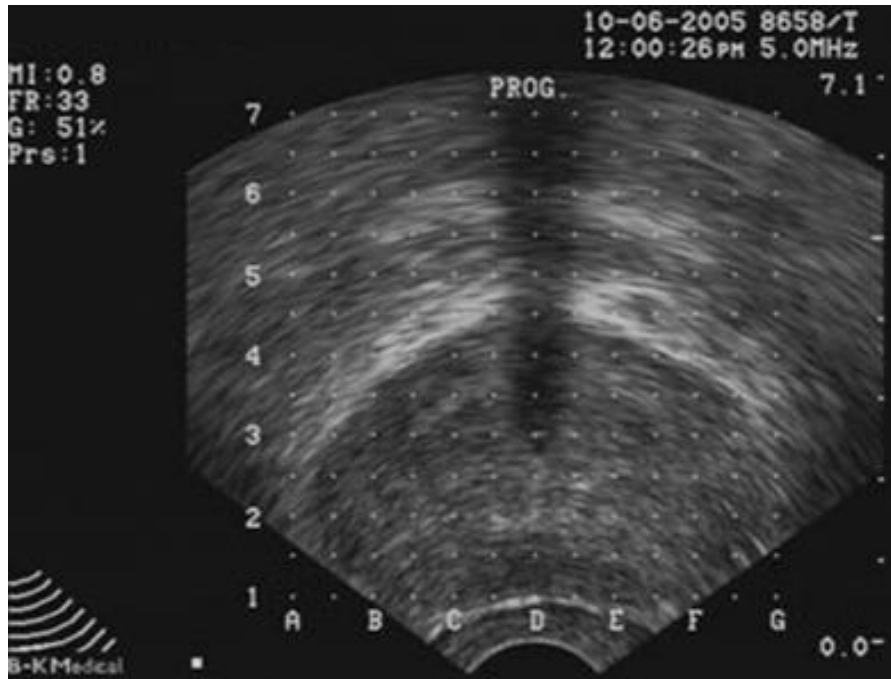
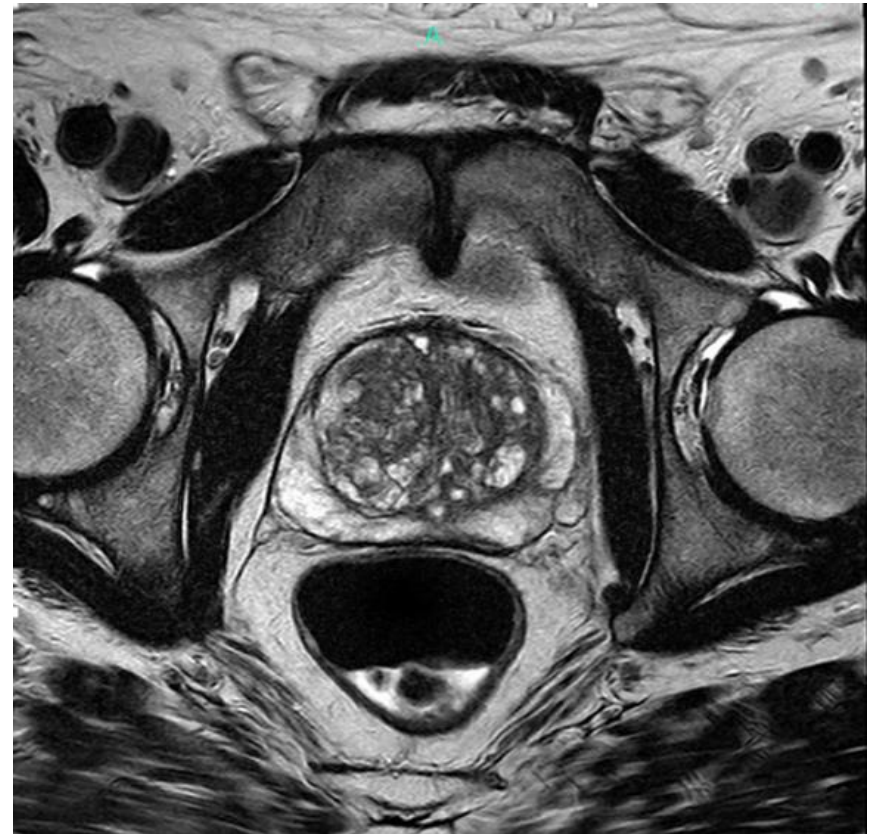


Figure 7: Ultrasound scan of the prostate gland



# National Guidelines - 2009

**NCCN**<sup>®</sup>

Practice Guidelines  
in Oncology – v.2.2009

## Prostate Cancer

### INITIAL MANAGEMENT OR PATHOLOGY

Active  
surveillance<sup>e</sup>

Life  
expectancy  
≥ 10 y

Life  
expectancy  
< 10 y

### SURVEILLANCE

- PSA as often as every 3 mo but at least every 6 mo
- DRE as often as every 6 mo but at least every 12 mo
- Repeat prostate biopsy as often as annually

PSA, DRE, prostate biopsy may be done less frequently

### RECURRENCE

- ..

# Prostate Intervention in the 2010's

2010's	2011 – Greenwood et al.: <u>Transrectal MRI-guided</u> <u>laser interstitial thermal</u> <u>therapy of PCa</u>	2011 – Pinto et al.: MRI/US fusion prostate biopsy	2012 – NCCN Guidelines include <u>Multiparametric</u> <u>MRI</u>
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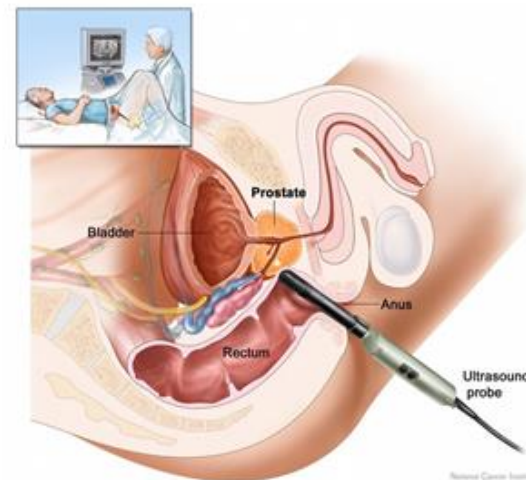
National  
Comprehensive  
Cancer  
Network®

## NCCN Guidelines Version 2.2012 Prostate Cancer Early Detection

[NCCN Guidelines Index](#)  
[Prostate Early Detection TOC](#)  
[Discussion](#)

### Repeat Biopsy Technique

Patients with prior negative biopsies, yet persistently rising PSA values should undergo repeat biopsy. Important factors in predicting chance of cancer on repeat biopsy include PSAV and the adequacy of initial biopsy (number of cores, prostate size). Cancer detection rates are higher in men with prior negative sextant biopsies compared to those with prior negative extended biopsies. Yields are highest in the laterally directed cores and the apical cores.<sup>90</sup> Particular attention should be given to apical sampling including the anterior apical horn, which is comprised of peripheral zone.<sup>91</sup> Transition zone biopsies can be considered in repeat biopsy patients. In patients with two negative extended biopsies, yet persistently rising PSA values, a saturation biopsy may be considered.<sup>92</sup> Recent evidence showed that multiparametric MRI (T2 weighting plus functional techniques such as diffusion weighting) can aid in cancer detection in patients with persistent PSA elevation but negative TRUS-guided biopsy (reviewed by Pinto et al.<sup>93</sup>). Additional MRI imaging can be considered in select cases.



# European Guidelines - 2012

Eur Radiol (2012) 22:746–757  
DOI 10.1007/s00330-011-2377-y

UROGENITAL

## ESUR prostate MR guidelines 2012

Jelle O. Barentsz • Jonathan Richenberg •  
Richard Clements • Peter Choyke • Sadhna Verma •  
Geert Villeirs • Olivier Rouviere • Vibeke Logager •  
Jurgen J. Fütterer



# PI-RADS v2



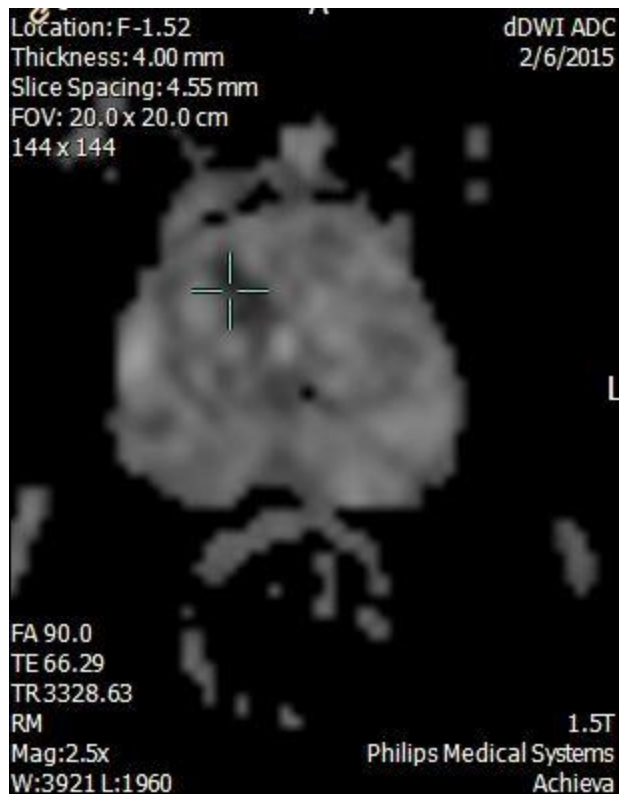
## PI-RADS v2 Classification\*

PI-RADS 5	Highly Suspicious for Malignancy
PI-RADS 4	Probably Malignant
PI-RADS 3	Indeterminate
PI-RADS 2	Probably Benign
PI-RADS 1	Most Probably Benign

\*Based Upon ACR Guidelines January 2015.

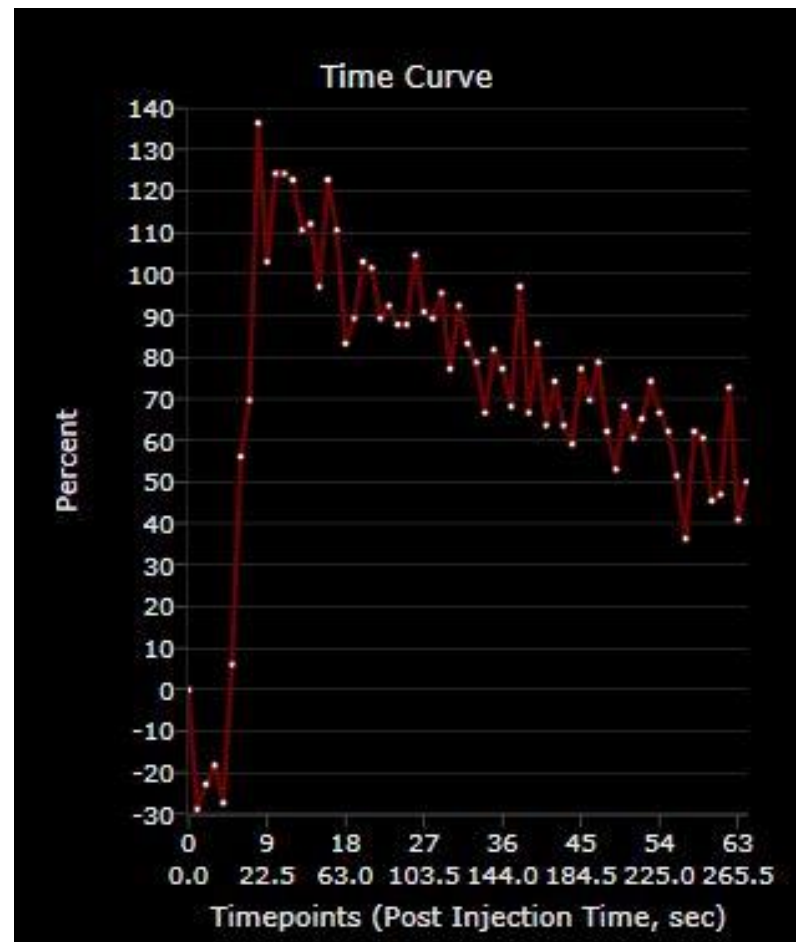
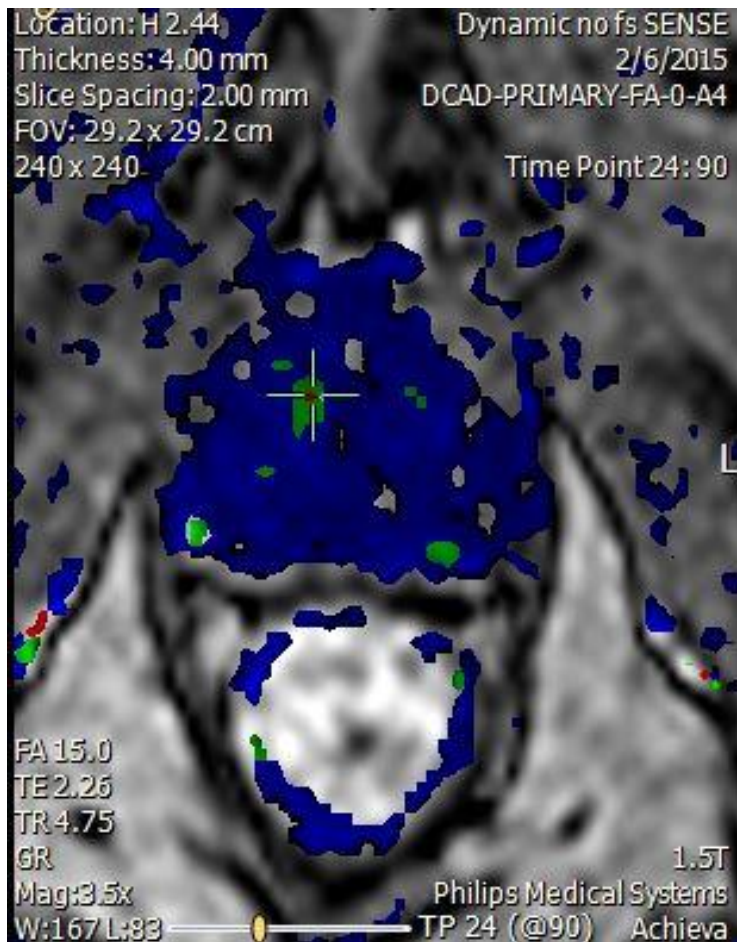
<http://www.acr.org/~media/ACR/Documents/PDF/QualitySafety/Resources/PIRADS/PIRADS%20V2.pdf>

# PI-RADS v2

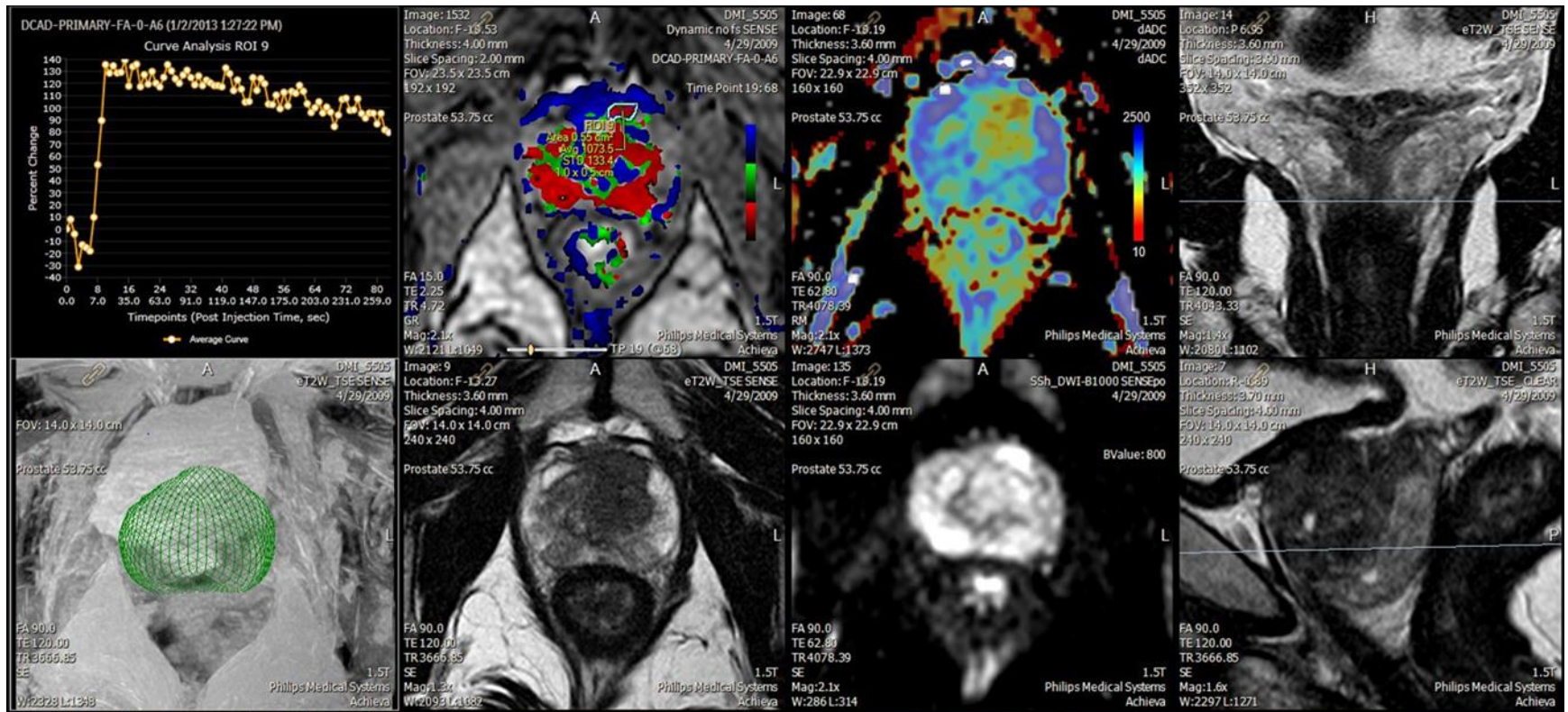




# PI-RADS v2



# Multiparametric MRI

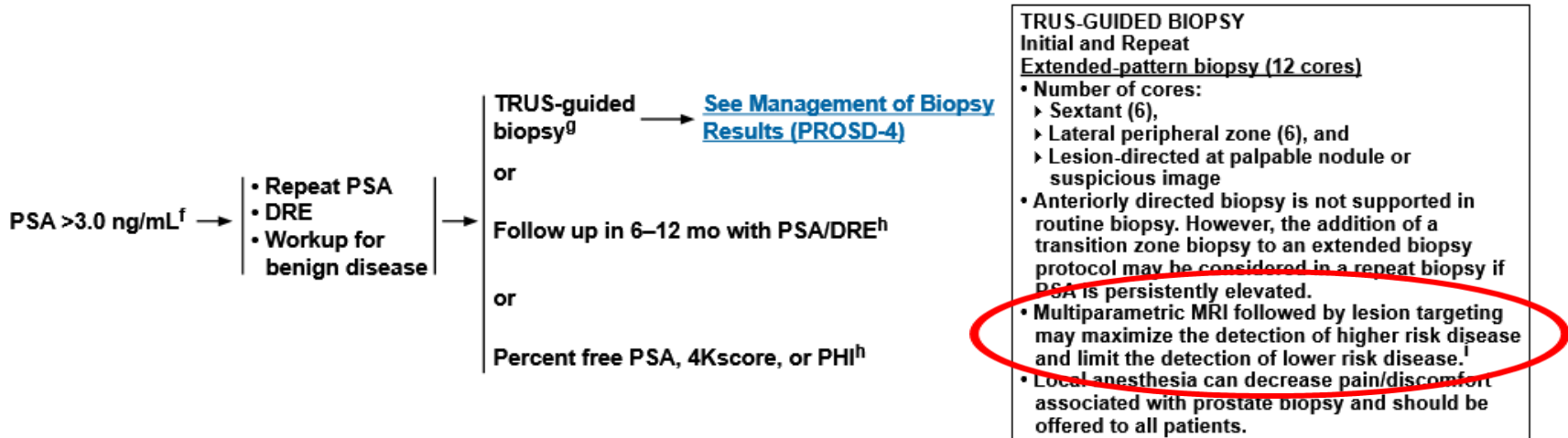


ACR Appropriateness Criteria<sup>®</sup>

ACR PI-RADS V2, published 2014

<http://www.acr.org/~media/ACR/Documents/PDF/QualitySafety/Resources/PIRADS/PIRADS%20V2.pdf>  
<https://acsearch.acr.org/docs/69371/Narrative/>

**INDICATIONS FOR BIOPSY**



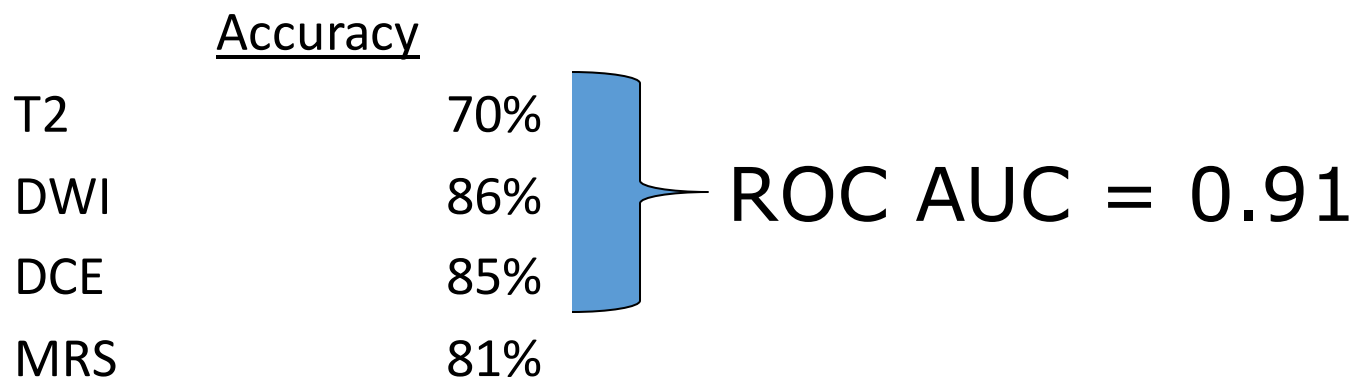
[https://www.nccn.org/store/login/login.aspx?ReturnURL=https://www.nccn.org/professionals/physician\\_gls/pdf/prostate\\_detection.pdf](https://www.nccn.org/store/login/login.aspx?ReturnURL=https://www.nccn.org/professionals/physician_gls/pdf/prostate_detection.pdf)

## Original Research

### Genitourinary Imaging

# Prostate Cancer Localization with Dynamic Contrast-enhanced MR Imaging and Proton MR Spectroscopic Imaging

Jurgen J. Fütterer, MD, PhD, Stijn W. T. P. J. Heijmink, MD, Tom W. J. Scheenen, PhD, Jeroen Veltman, MD, Henkjan J. Huisman, PhD, Pieter Vos, MSc, Christina A. Hulsbergen-Van de Kaa, MD, PhD, J. Alfred Witjes, MD, PhD, Paul F. M. Krabbe, PhD, Arend Heerschap, PhD, and Jelle O. Barentsz, MD, PhD



	NPV	NPV - clinically significant CaP	True negative	False negative (3+3)	False negative (G≥7)
<b>Overall (n=53)</b>	64.2%	96.2%	34	17	2
<b>Biopsy naive (n=18)</b>	61.1%	94.4%	11	6	1
<b>Prior negative (n=19)</b>	84.2%	100%	16	3	0
<b>Active surveillance (n=16)</b>	43.8%	93.8%	7	8	1

# Relationship between Apparent Diffusion Coefficients at 3.0-T MR Imaging and Gleason Grade in Peripheral Zone Prostate Cancer<sup>1</sup>

Thomas Hambroek, MBChB  
 Diederik M. Somford, MD  
 Henkjan J. Huisman, MSEE, PhD  
 Inge M. van Oort, MD, PhD  
 J. Alfred Witjes, MD, PhD  
 Christina A. Hulsbergen-van de Kaa, MD, PhD  
 Thomas Scheenen, PhD  
 Jelle O. Barentsz, MD, PhD

<sup>1</sup>From the Departments of Radiology (T.H., H.J.H., T.S., J.O.B.), Urology (D.M.S., I.M.v.O., J.A.W.), and Pathology (C.A.H.v.d.K.), University Medical Centre St. Radboud, PO Box 9101, 6500HB, Nijmegen, the Netherlands. Received August 24, 2009; revision requested October 16; revision received February 13, 2010; accepted April 16; final version accepted December 9. Supported by the Dutch Cancer Society (grant KUN 2004-3141) and the European Research Council under the European Community's Seventh Framework Programme (FP7/2007-2013/ERC grant agreement 243115). Address correspondence to T.H. (e-mail: t.hambroek@rad.umcn.nl).

© RSNA, 2011

## Purpose:

To retrospectively determine the relationship between apparent diffusion coefficients (ADCs) obtained with 3.0-T diffusion-weighted (DW) magnetic resonance (MR) imaging and Gleason grades in peripheral zone prostate cancer.

## Materials and Methods:

The requirement to obtain institutional review board approval was waived. Fifty-one patients with prostate cancer underwent MR imaging before prostatectomy, including DW MR imaging with *b* values of 0, 50, 500, and 800 sec/mm<sup>2</sup>. In prostatectomy specimens, separate slice-by-slice determinations of Gleason grade groups were performed according to primary, secondary, and tertiary Gleason grades. In addition, tumors were classified into qualitative grade groups (low-, intermediate-, or high-grade tumors). ADC maps were aligned to step-sections and regions of interest annotated for each tumor slice. The median ADC of tumors was related to qualitative grade groups with linear mixed-model regression analysis. The accuracy of the median ADC in the most aggressive tumor component in the differentiation of low- from combined intermediate- and high-grade tumors was summarized by using the area under the receiver operating characteristic (ROC) curve (*A*<sub>z</sub>).

## Results:

In 51 prostatectomy specimens, 62 different tumors and 251 step-section tumor lesions were identified. The median ADC in the tumors showed a negative relationship with Gleason grade group, and differences among the three qualitative grade groups were statistically significant (*P* < .001). Overall, with an increase of one qualitative grade group, the median ADC (± standard deviation) decreased  $0.18 \times 10^{-3}$  mm<sup>2</sup>/sec ± 0.02. Low-, intermediate-, and high-grade tumors had a median ADC of  $1.30 \times 10^{-3}$  mm<sup>2</sup>/sec ± 0.30,  $1.07 \times 10^{-3}$  mm<sup>2</sup>/sec ± 0.30, and  $0.94 \times 10^{-3}$  mm<sup>2</sup>/sec ± 0.30, respectively. ROC analysis showed a discriminatory performance of *A*<sub>z</sub> = 0.90 in discerning low-grade from combined intermediate- and high-grade lesions.

## Conclusion:

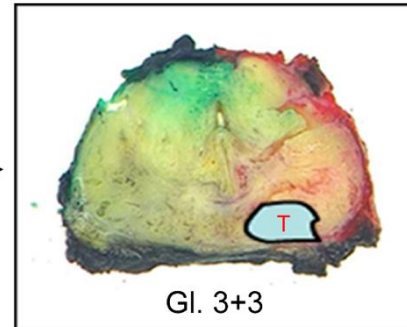
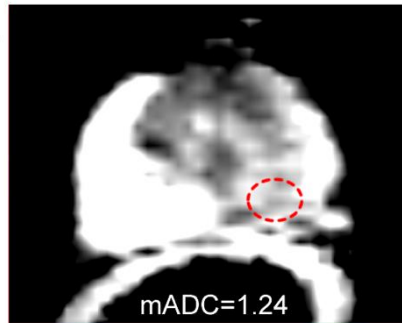
ADCs at 3.0 T showed an inverse relationship to Gleason grades in peripheral zone prostate cancer. A high discriminatory performance was achieved in the differentiation of low-, intermediate-, and high-grade cancer.

© RSNA, 2011

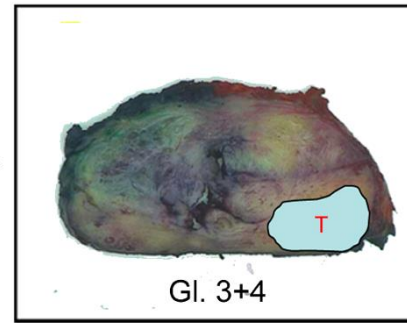
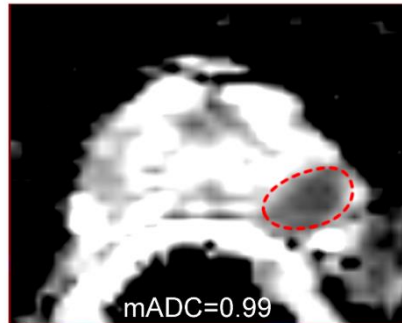
### ADC Maps

### Histology step-sections

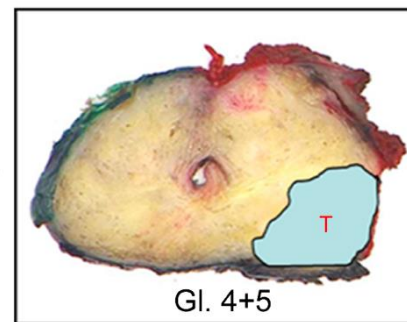
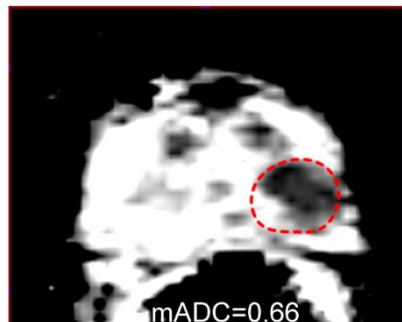
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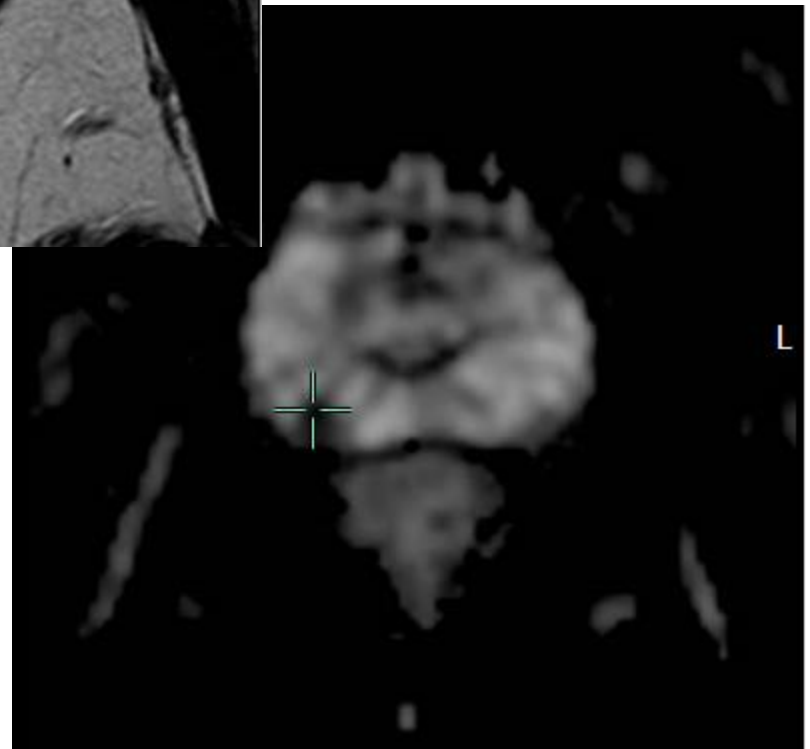
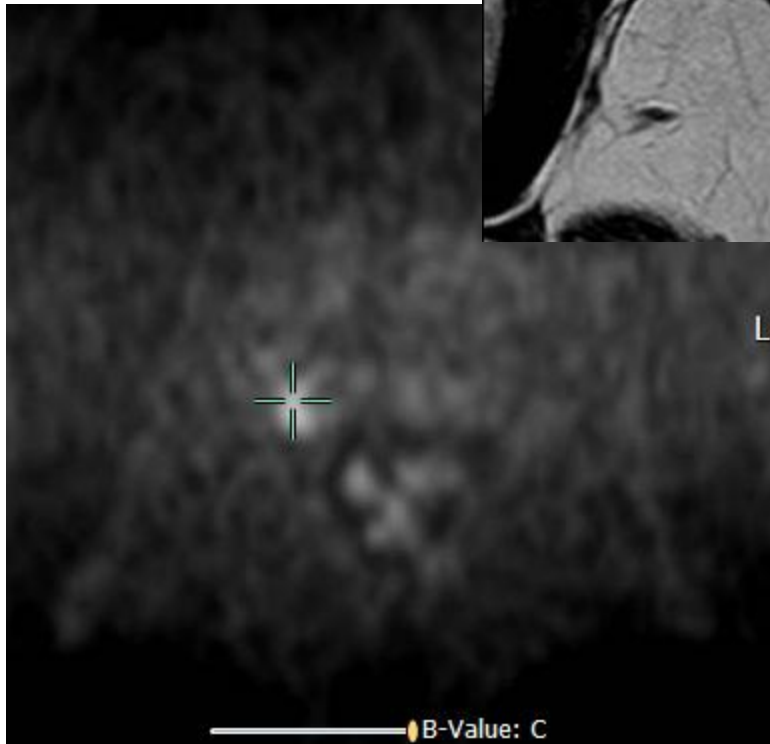
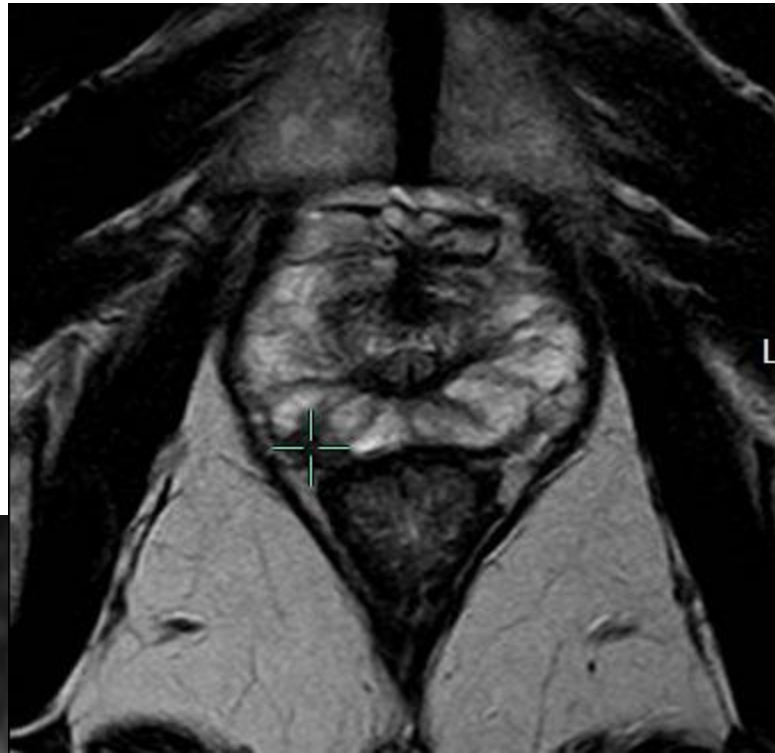


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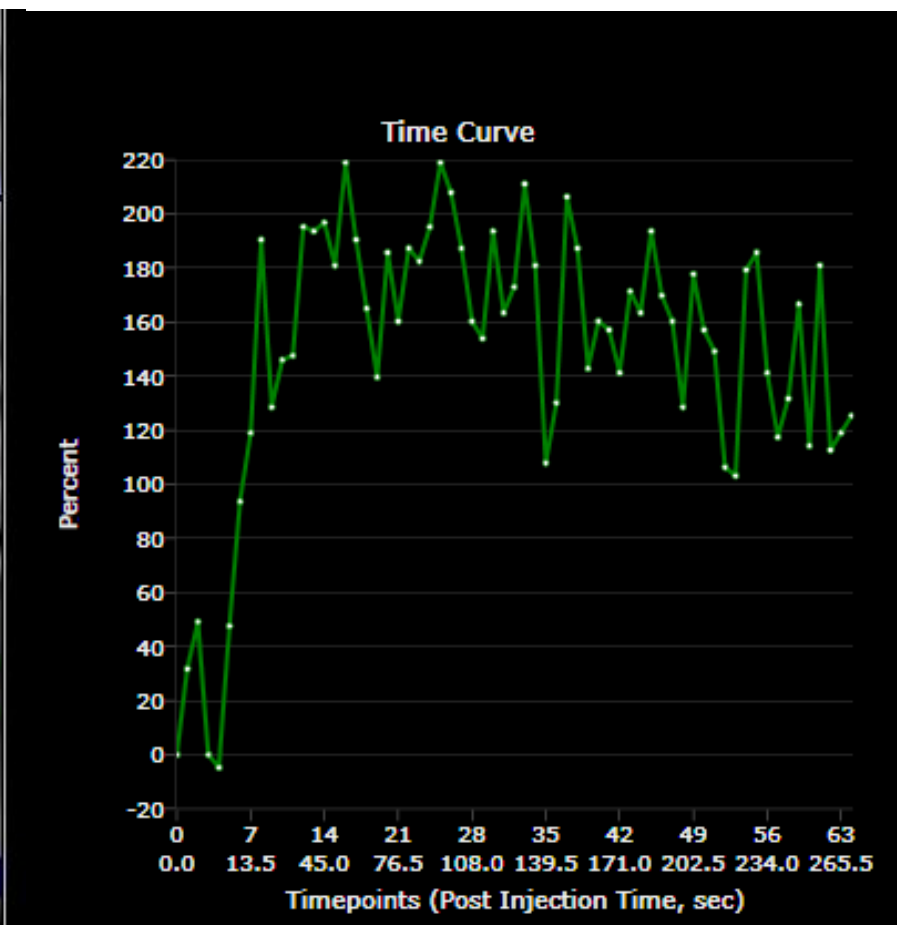
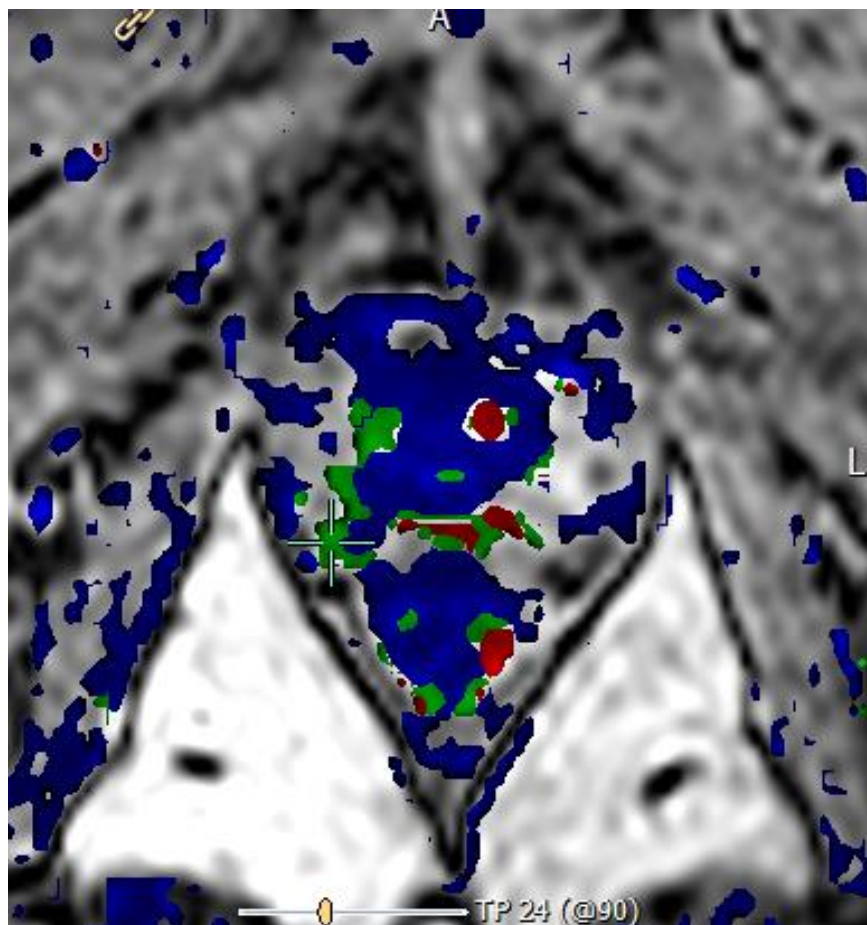


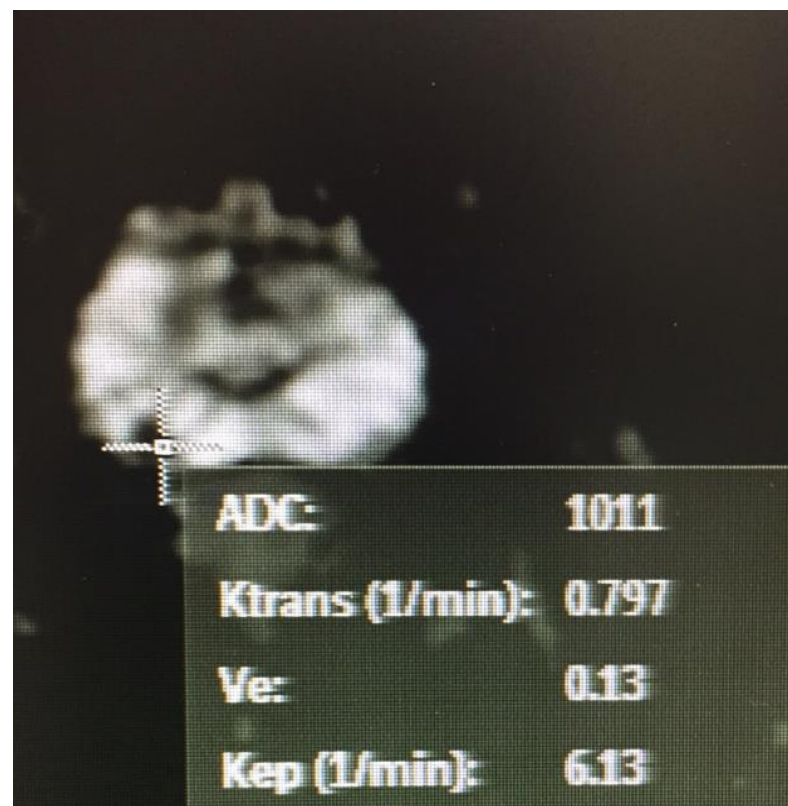
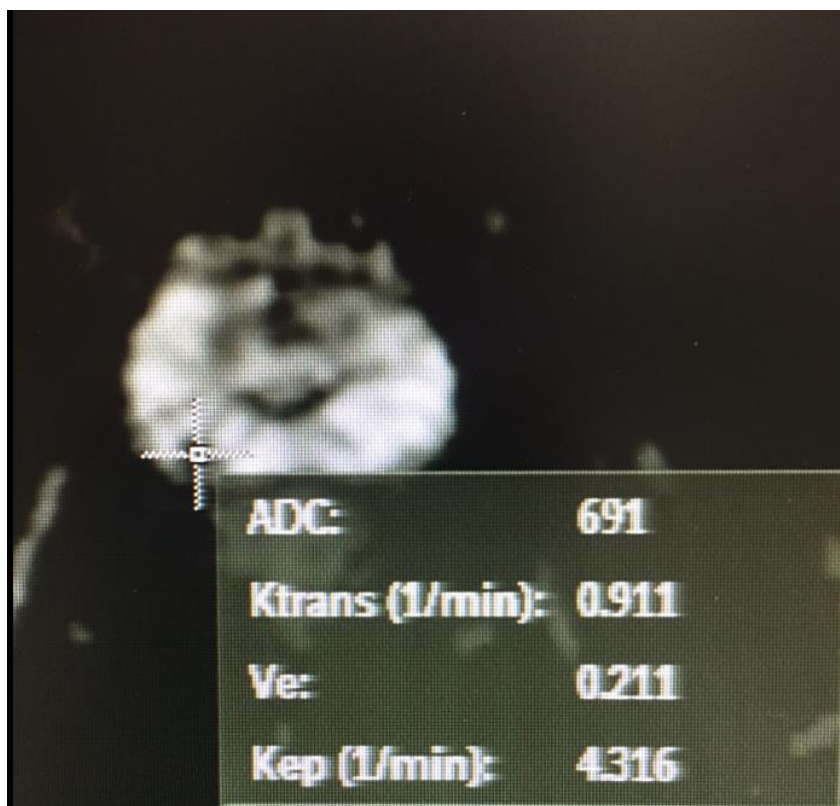
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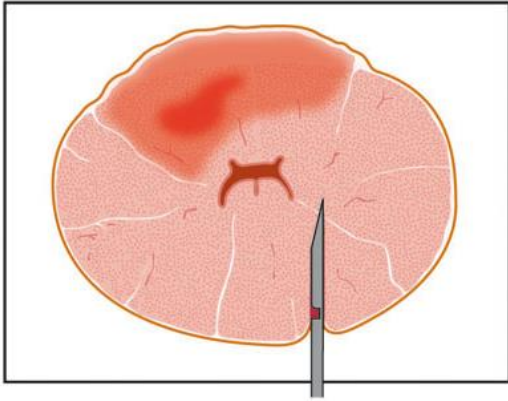




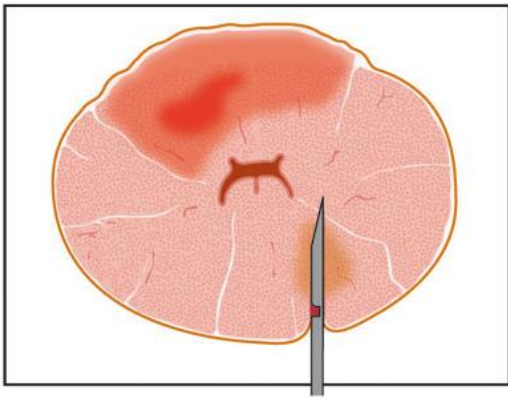




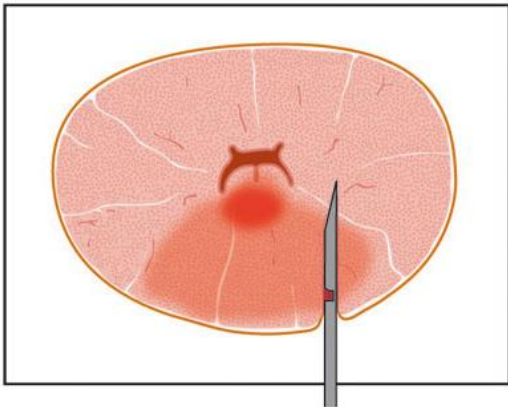
# TRUS biopsy



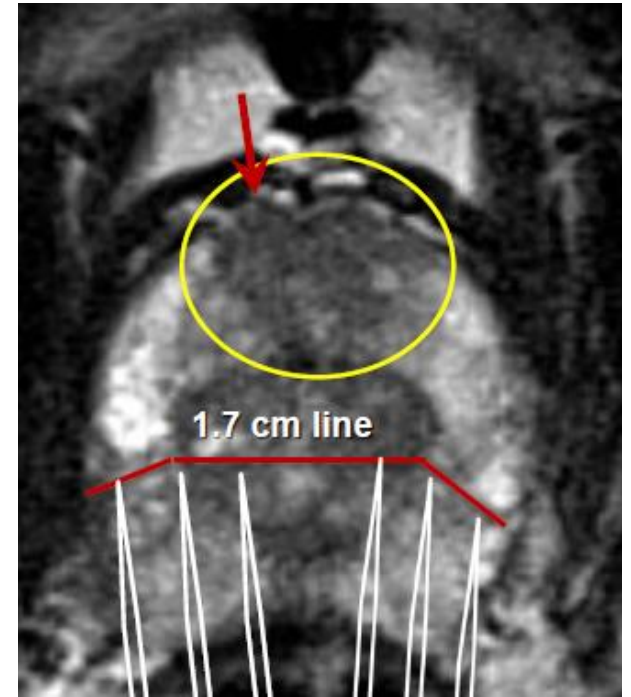
Needle penetrates next to the tumor or does not reach it



Less aggressive tumor is biopsied

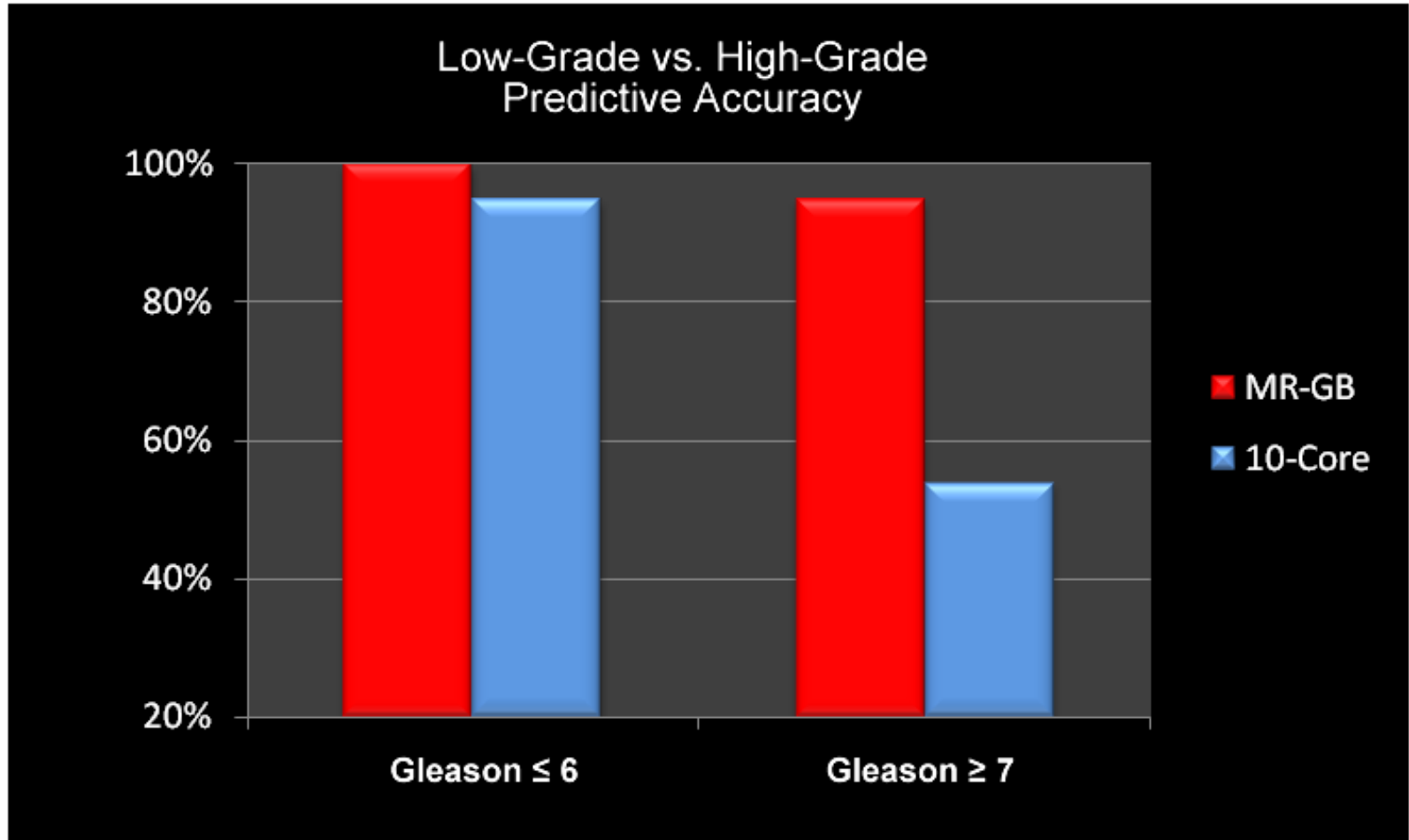


Less aggressive part of the tumor is biopsied



*The patient can end up on active surveillance while harboring clinically significant disease*

# TRUS-Biopsy & MR-Biopsy vs. Prostatectomy



Hambrock 2010 SCBTMR “Lauterbur Award”

## Trans-rectal interventional MRI: initial prostate biopsy experience

Bernadette M. Greenwood\*<sup>a</sup>, Meliha R. Behluli<sup>a</sup>, John F. Feller<sup>b</sup>, Stuart T. May<sup>b</sup>, Robert Princenthal<sup>c</sup>, Axel Winkel<sup>d</sup>, David B. Kaminsky<sup>e</sup>

<sup>a</sup>Invivo Corporation, N27 W23676 Paul Rd., Pewaukee, WI USA 53072

<sup>b</sup>Desert Medical Imaging, 74-785 Hwy 111, Indian Wells, CA 92210

<sup>c</sup>Thousand Oaks, CA 91361

<sup>d</sup>19061 Schwerin, Germany

<sup>e</sup>N. Palm Canyon Dr., Palm

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Abdominal  
Radiology

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Abdom Radiol (2016)

DOI: 10.1007/s00261-016-0750-7



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## In-bore magnetic resonance-guided transrectal biopsy for the detection of clinically significant prostate cancer

Ely R. Felker,<sup>1</sup> Stephanie A. Lee-Felker,<sup>1</sup> John Feller,<sup>2</sup> Daniel J. Margolis,<sup>1</sup> David S. Lu,<sup>1</sup> Robert Princenthal,<sup>3</sup> Stuart May,<sup>2</sup> Martin Cohen,<sup>3</sup> Jiaoti Huang,<sup>4</sup> Jeffrey Yoshida,<sup>5</sup> Bernadette Greenwood,<sup>2</sup> Hyun J. Kim,<sup>1</sup> Steven S. Raman<sup>1</sup>

<sup>1</sup>Department of Radiology, Ronald Reagan-U

<sup>2</sup>Desert Medical Imaging, 1133 N Palm Cany

<sup>3</sup>Rolling Oaks Radiology, 415 Rolling Oaks I

<sup>4</sup>Department of Pathology, David Geffen Sch  
USA

<sup>5</sup>Newport Urologic Oncology, 1525 Superior

## MRI-Guided Prostate Biopsy of Native and Recurrent Prostate Cancer

David A. Woodrum, MD, PhD<sup>1</sup>, Krzysztof R. Gorny, PhD<sup>1</sup>, Bernadette Greenwood, BSc, BSRSc, RT(R)(MR)<sup>2</sup>, Lance A. Mynderse, MD<sup>3</sup>

<sup>1</sup>Department of Radiology, Mayo Clinic, Rochester, Minnesota

<sup>2</sup>Desert Medical Imaging, Indian Wells, California

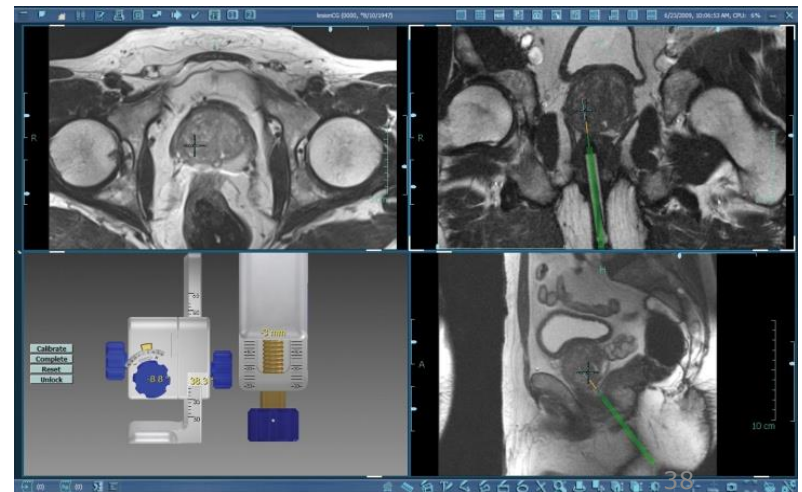
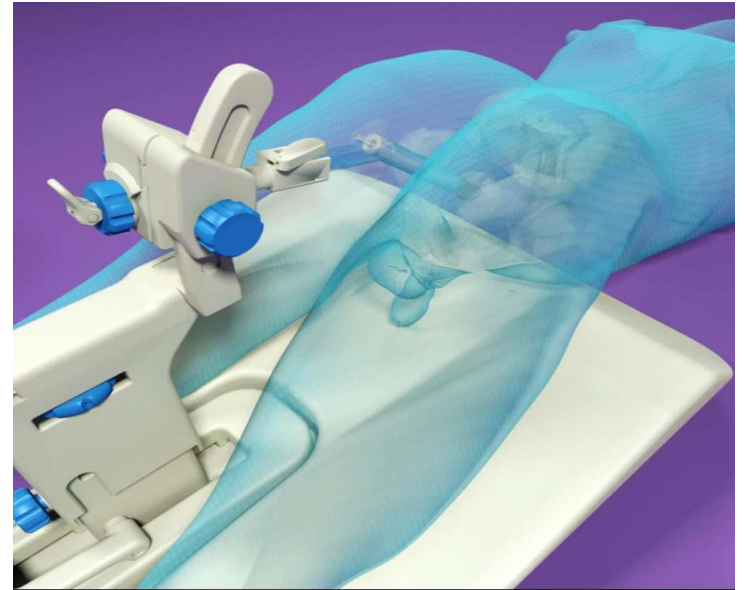
<sup>3</sup>Department of Urology, Mayo Clinic, Rochester, Minnesota

Address for correspondence: David A. Woodrum, MD, PhD,

Department of Radiology, Mayo Clinic, 200 First Street SW, Rochester, MN 55905 (e-mail: woodrum.david@mayo.edu).

# Rationale for Prostate MRI

- Ability to biopsy tumor suspicious regions in the prostate
- MRI guidance for biopsy planning to target tumor-suspicious regions (TSRs)



# Transrectal Interventional Planning

**DynaCAD** ▾ Home Hangings Registration **DynaLOC**

Screen Layout ▾ Save Layout ▾ MPR ▾ Delete All ▾ Save All ▾ Graphics Overlay ▾ Color Overlay ▾ Window ▾ Capture Image ▾ Save Results ▾ Print ▾ Restart

Layout Annotate View Save And Print Prostate Biopsy

Next Step: **Restart**

Detect Needle Guide ✓

Verify Target Plan

Instrument: 18G 150 mm with spacer ▾

Device Settings:

- L/R-Rotation 13° Clockwise
- A/P-Angulation 45°
- H/F-Movement 6 mm

Target Location: L 17.0, P 20.6, H 64.0

Lock

Ready for Target

6 mm

45°

13°

H

P

A

L

# Why MRI for the Prostate Today?

- ◆ Easy access to patient for biopsy

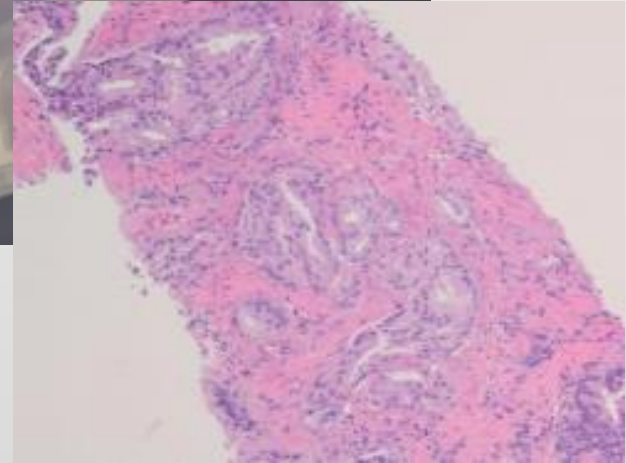


1.5T Philips Achieva XR



# Why MRI for the Prostate Today?

- ◆ Easy access to patient for biopsy



Gleason 4 + 3 = 7

## DIAGNOSIS

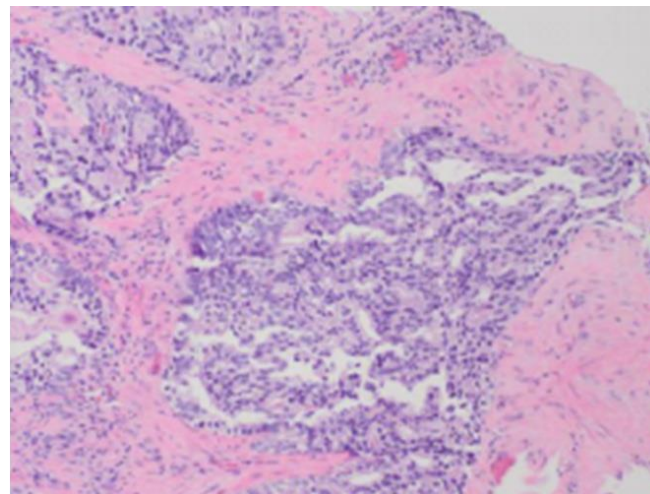
### PROSTATE, NEEDLE BIOPSIES:

- (A1) Right Peripheal zone Base level: **ADENOCARCINOMA (GLEASON SCORE 4 + 4 = 8) INVOLVING 35% OF THE SPECIMEN (2 OF 3 CORES CONTAIN CANCER). CANCER LENGTH 1.3 cm. PERINEURAL INVASION.**

### DIAGNOSIS DESCRIPTION

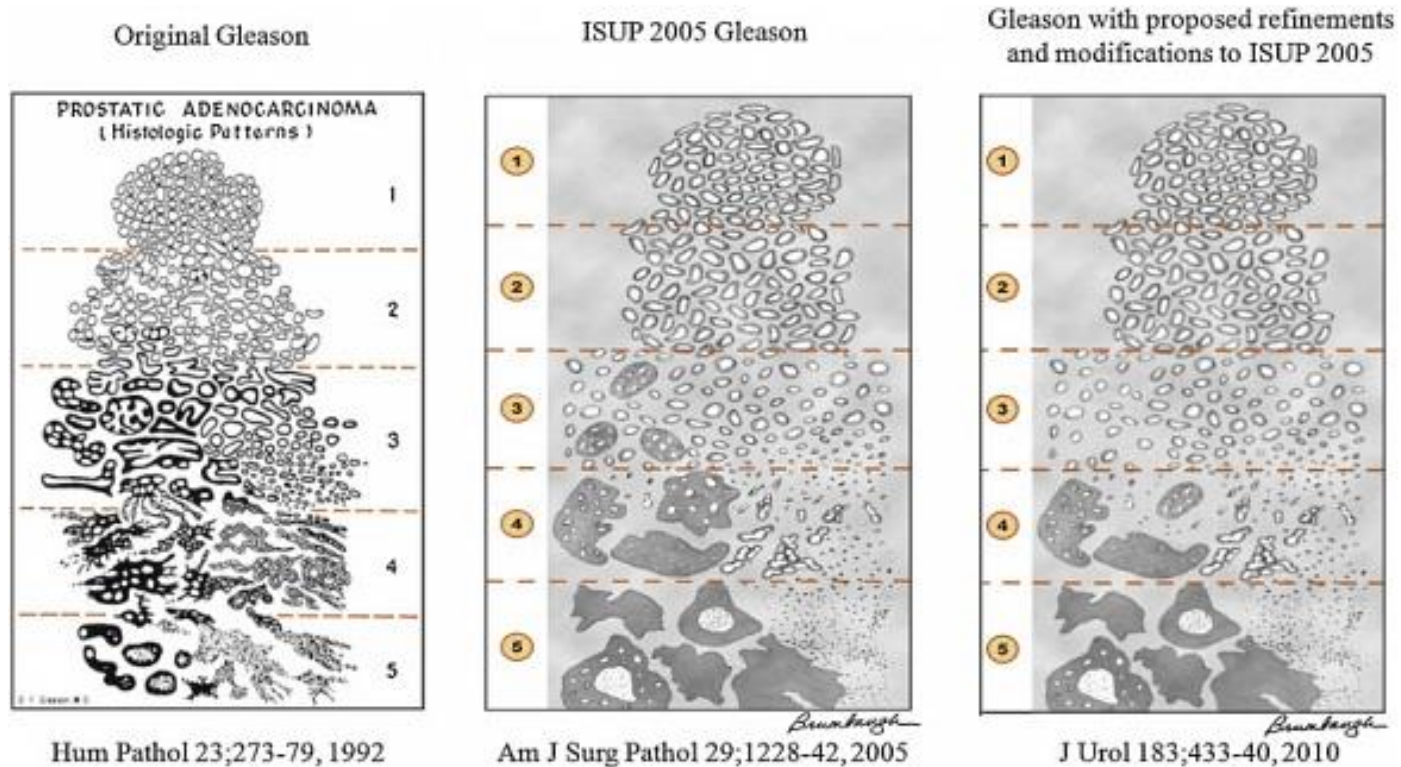
Site	Diagnosis	Core Length	Cancer Length	%Involvement	Gleason Score
(A1)	Malignant	1.5,1.3,0.9	--	--	--
(A1)	Malignant	1.5,1.3,0.9	1.30	35	4 + 4 = 8

For a given targeted biopsy location, cores may be combined into one vial. In these instances, the cancer length and percentage of involvement calculations are based on all cores received in the vial for that targeted biopsy location.



# What is it? Why does it matter?

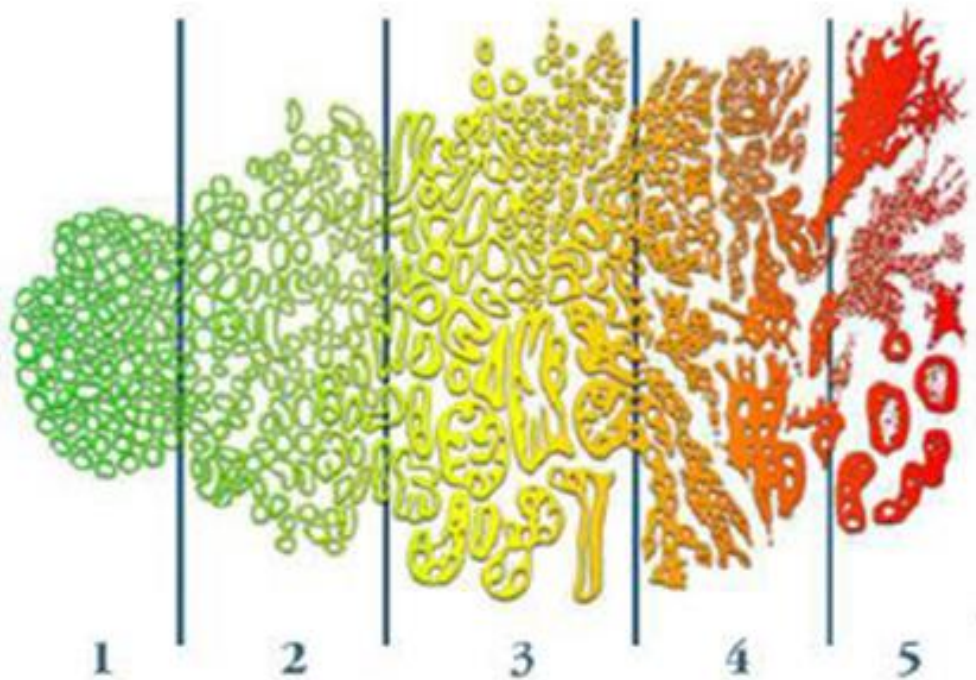
## Gleason Grades Determine Gleason Score



[http://www.europeanurology.com/article/S0302-2838\(12\)01234-1/fulltext/contemporary-grading-for-prostate-cancer-implications-for-patient-care-img-src-manager-uploads-europeanurology-com-eur-articles-s0302-2838-12-01234-1-assets-eulogo1-jpg-alt-eulogo1](http://www.europeanurology.com/article/S0302-2838(12)01234-1/fulltext/contemporary-grading-for-prostate-cancer-implications-for-patient-care-img-src-manager-uploads-europeanurology-com-eur-articles-s0302-2838-12-01234-1-assets-eulogo1-jpg-alt-eulogo1)

# What is it? Why does it matter?

Gleason Grades Determine Gleason Score



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[Resources](#) ▾

[About This Site](#) ▾

[Home](#) > [Find Studies](#) > Study Record Detail

## Phase II Laser Focal Therapy of Prostate Cancer (LITT or FLA)

**This study is currently recruiting participants.** (see [Contacts and Locations](#))

*Verified May 2016 by Desert Medical Imaging*

**Sponsor:**

Desert Medical Imaging

**Information provided by (Responsible Party):**

Desert Medical Imaging

ClinicalTrials.gov Identifier:

NCT02243033

First received: September 9, 2014

Last updated: May 28, 2016

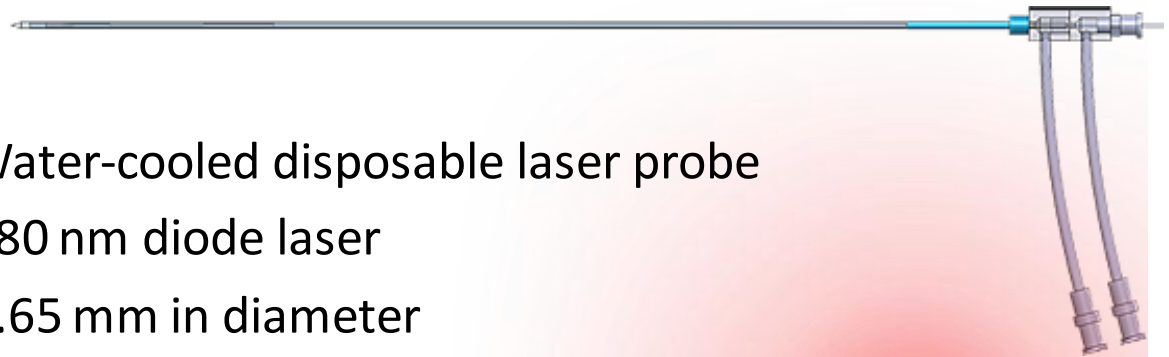
Last verified: May 2016

[History of Changes](#)

# MR-guided Laser Focal Therapy

**1**

Water-cooled disposable laser probe  
980 nm diode laser  
1.65 mm in diameter



Endorectal needle guide

**2**



Heat-diffusing tip



**3**

14 G titanium coax needle

# Laser Workstation



- 15 Watt laser \*  
(Fiberoptic)
- Standard power plug
- Integrated to MR  
(Ethernet)
- Software: real-time prediction model; MR thermometry; safety control features
- FDA 510(k) clearance  
Sept 10,2008

**\*The catheter and fiber are MR compatible up to 1.5T**

Medtronic Indications, Safety, and Warnings Visualase Thermal Therapy System.  
<http://www.medtronic.com/for-healthcare-professionals/products-therapies/neurological/laser-ablation/visualase/indications-safety-warnings/index.htm>. Accessed March 9,2016

# FDA cleared with broad, general indications

**“for use to necrotize or coagulate soft tissue through interstitial irradiation or thermal therapy. . . in neurosurgery, general surgery, urology. . .” and multiple additional named specialties.**

**Technology is FDA cleared for commercialization in the US:**


- Laser Applicator K053087 (March 2006)
- Laser System K060304 (March 2006)
- Workstation Software K063505 (December 2006)
- Visualase Thermal Therapy System K071328 (August 2007)
- Visualase Thermal Therapy System K081656 (September 2008)
- 30 W Laser System K092197 (November 2009)




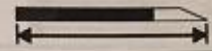
30 Watt Diode Laser




Materials and Methods:


**TRANBERG<sup>CLS</sup>** 

**MR Stylet**

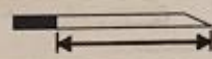

Ø 1.8 mm / 15G		230mm
		-


**REF** 4013-06  2019-05-31

**LOT** 116540300517 **R<sub>x</sub> Only**

**TRANBERG<sup>CLS</sup>** 

**MR Cannula**

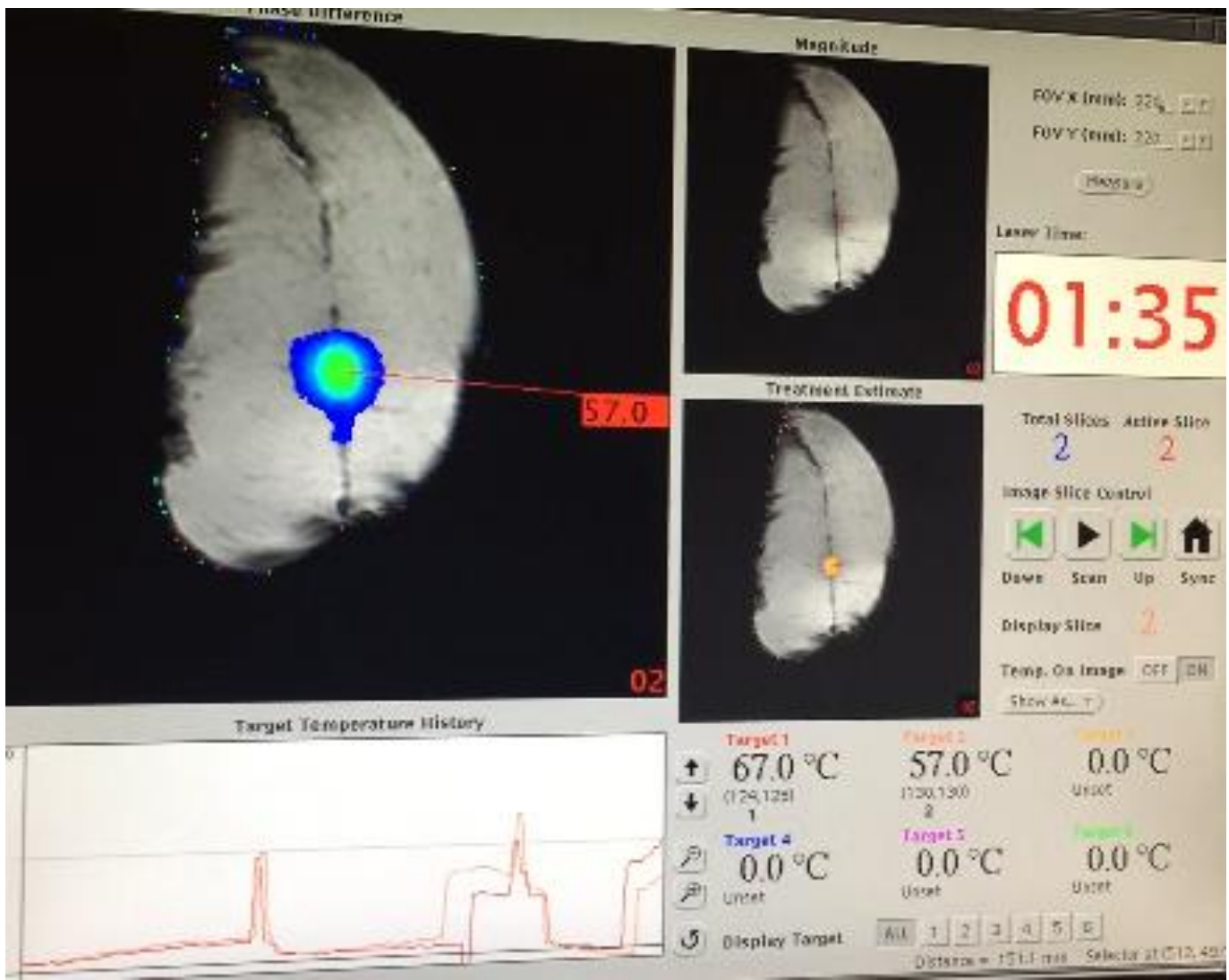
Ø 2.1 mm / 14G		230mm
		-

**REF** 4013-05  2019-05-31

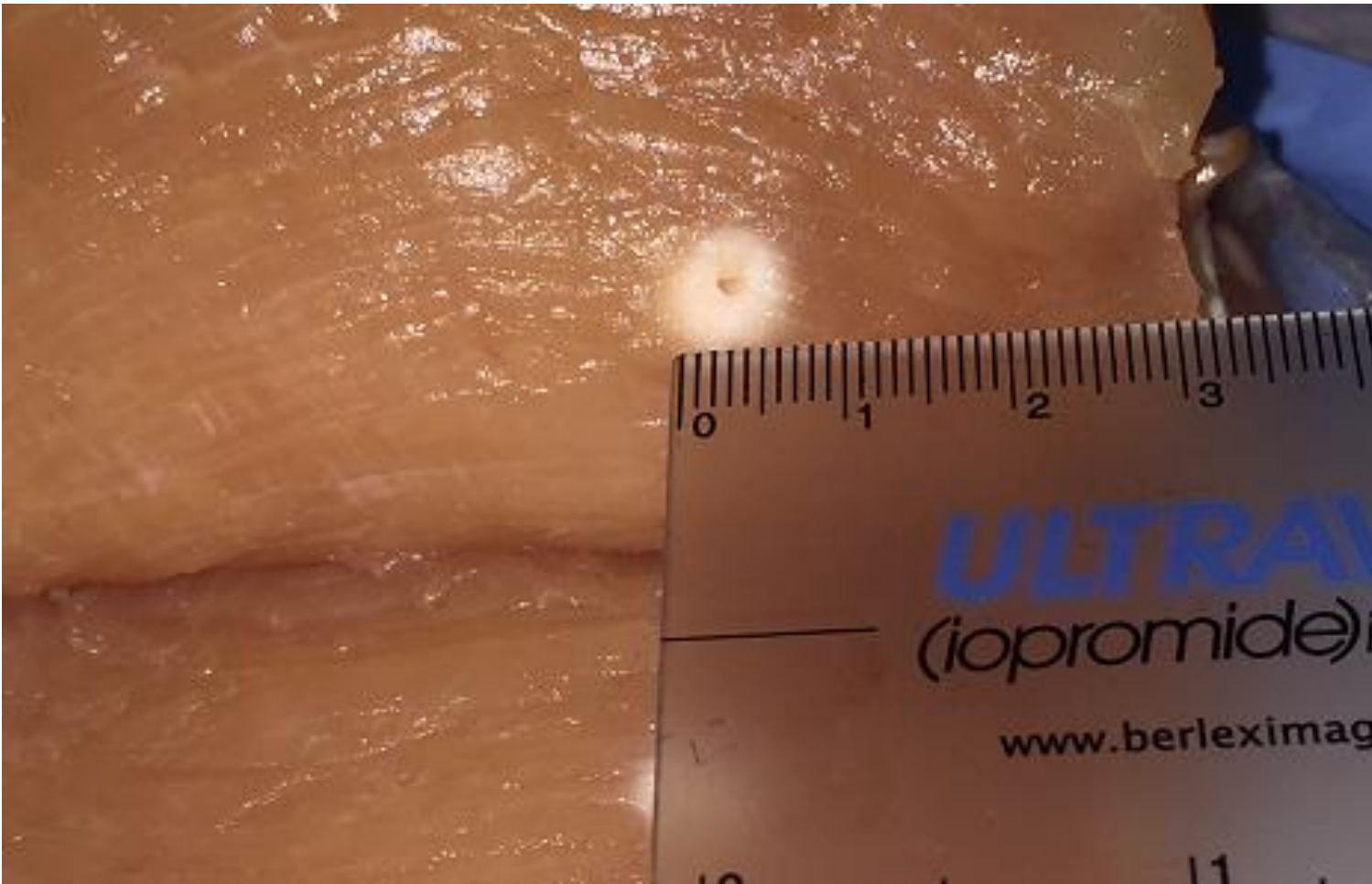
**LOT** 116539300517 **R<sub>x</sub> Only**

TRANBERG cannula *retracted* in sagittal and axial planes:





Dissection:



## The Team:

Alan Weinberg - CLS

Bernadette M. Greenwood,

PG Cert., BSc. – DMI

Dr. John F. Feller – DMI

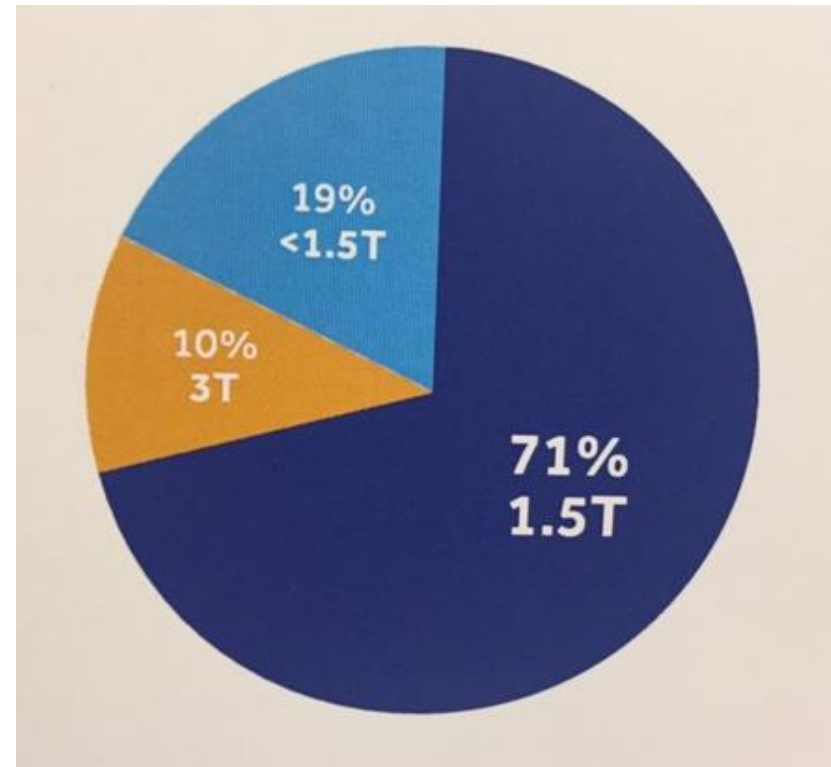
Thomas Noah - CLS



# Rationale for 1.5T

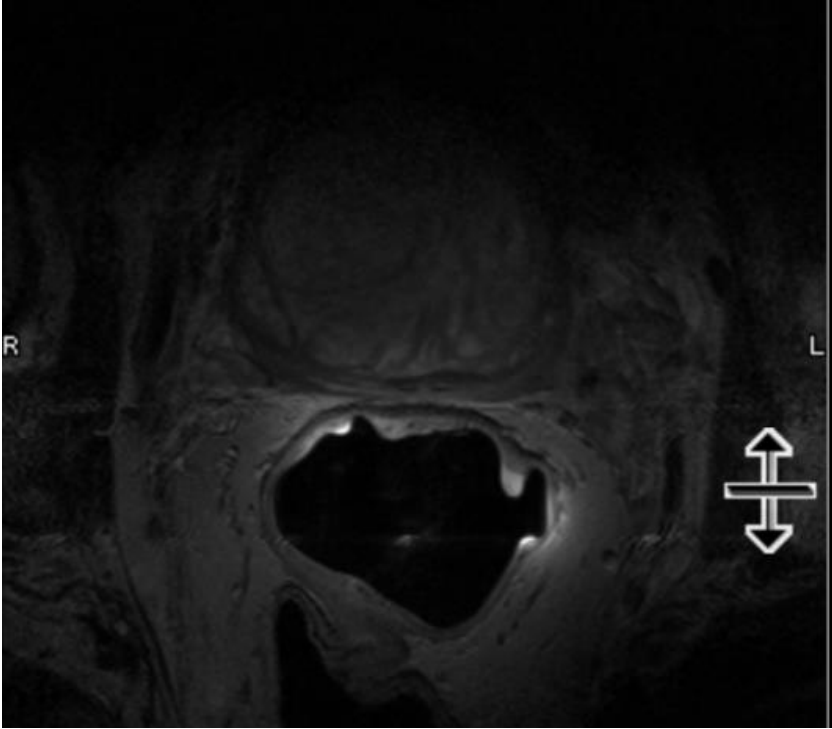
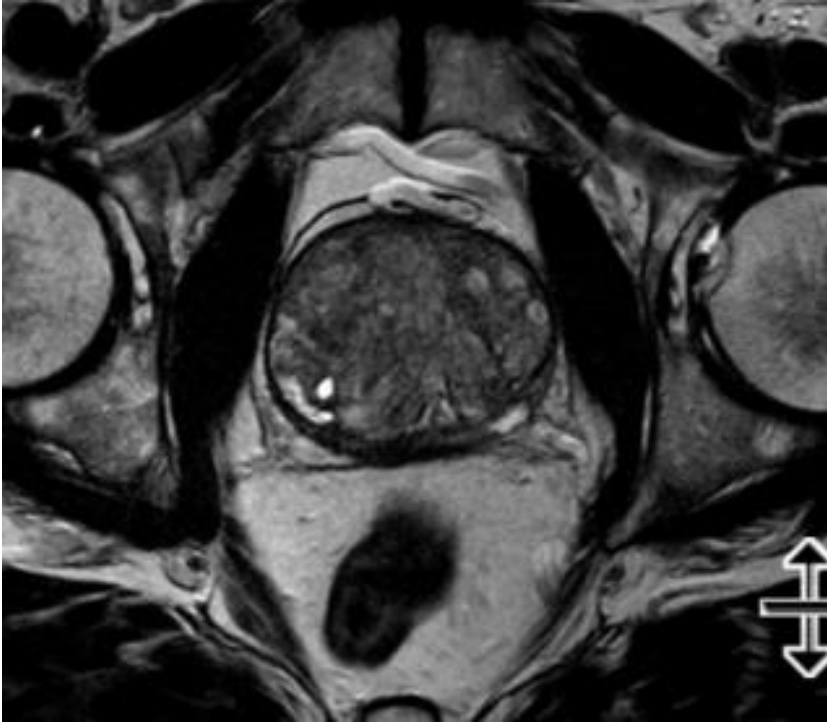
- Operator: Credentialed, experienced MRI technologist familiar with mpMRI protocol
- Software: modern, state-of-the art (ability to perform high b-value diffusion)
- Coil choices: high channel-count surface coils
- Patient preparation: NPO, glucagon, etc.
- Interpreter: Experienced Radiologist

IMV Benchmark Report MR 2013; IMV Medical Information Division, Inc., 2013

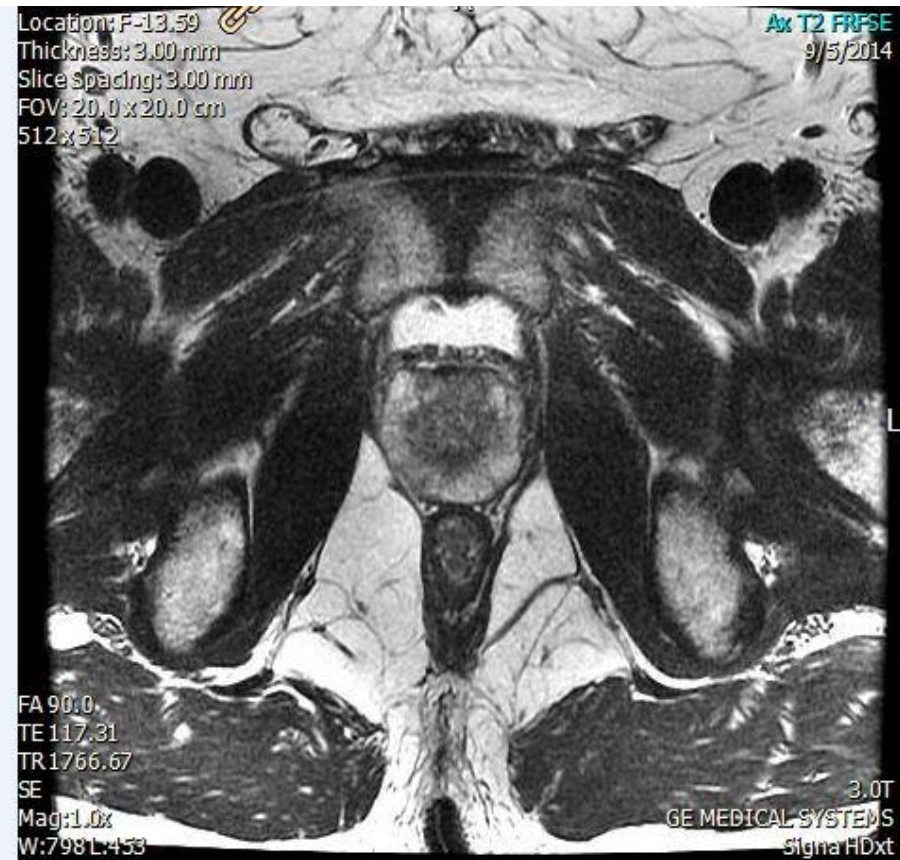
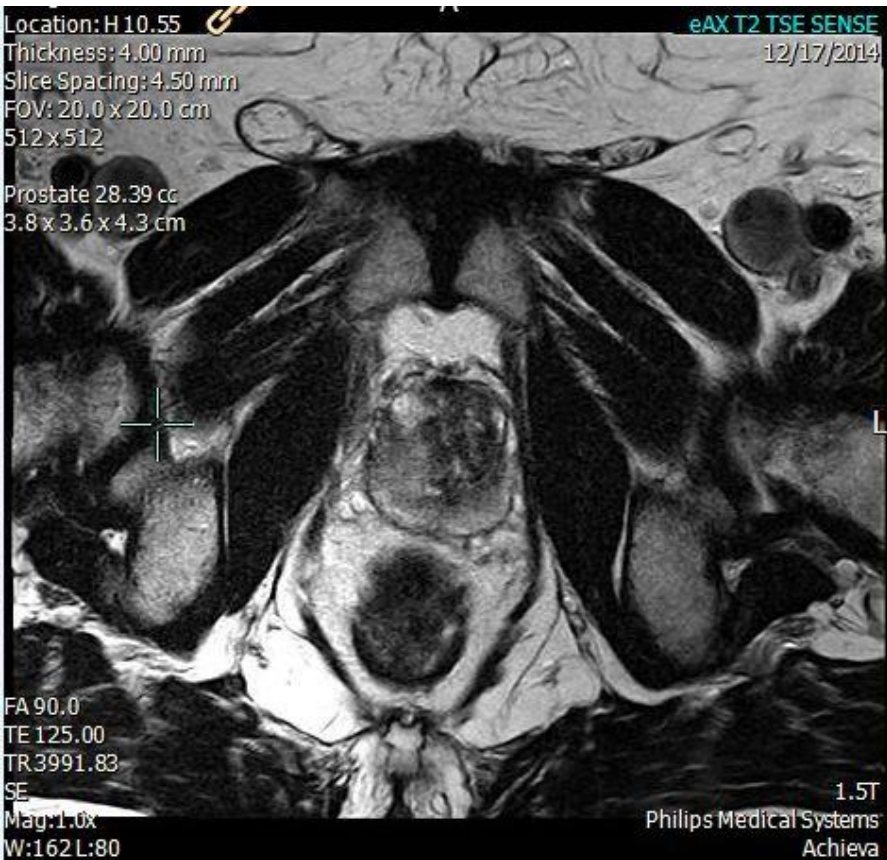


U.S. 1.5T Scanners 2013

# 1.5 Tesla vs. 3 Tesla ERC



# 1.5 Tesla vs. 3 Tesla





# Image Generation and MR Thermometry

MRI Parameter selection allows for exploitation of tissue properties such as:

- Tissue contrast
- Flow quantification
- Perfusion
- Diffusion
- Phase shifts

Parameters include:

- Echo Time
- Repetition Time
- Flip Angle
- Bandwidth
- Signal Averages
- Matrix

The screenshot shows an MRI parameter selection interface with the following sections and highlighted parameters:

- Patient Information:** Accession Number (0000), Patient ID (0000), Patient Name, Auto Start checkbox, Full Info button.
- Patient Protocols:** Site dropdown, Patient Position (Supine), Patient Entry (Feet First), Coil (BCARDIAC), Series Description (3-plane localizer), Plane (3-Plane), Mode (2D), Pulse Seq (Fiesta), Grad Mode, Imaging Options (Seq, Fast), Psd Name, Protocol (HIS/RIS).
- Scan Timing:** # of TE(s) per scan (1.0 - 2.0), TE2 (1.0 - 1.0), TR (5.0 - 6000.0), Inv. Time (0 - 100000), T12 (50 - 4000), Flip Angle (60 - 90), Echo Train Length, Bandwidth (125.00 - 250.0), Bandwidth2 (0.0 - 250.0).
- Additional Parameters:** Graphic RX, OFF, Image Enhance, Users CVs Screen.
- Acquisition Timing:** Freq (256), Freq DIR (Unswap), Phase (128), Flow Comp Direction, NEX (1.00), Shim (Auto), Phase FOV (1.00), Phase Correct, Before Pause (0), Contrast, Amf (ml), Agent.
- Scanning Range:** Min. Max, S/I, R/L, A/P, Center (0.0, L30.0, A30.0), Spacing (10.0, 10.0, 10.0), # Slices (9, 9, 9), FOV (24.0 - 48), Slice Thickness (5.0).

# MR Thermometry and Image Generation

Gradient recalled echo sequences allow measurement of phase shifts

Damage to tissue can be modeled as an Arrhenius rate process:

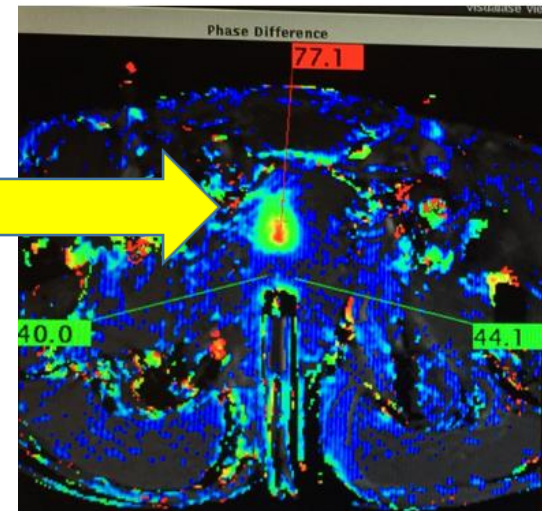
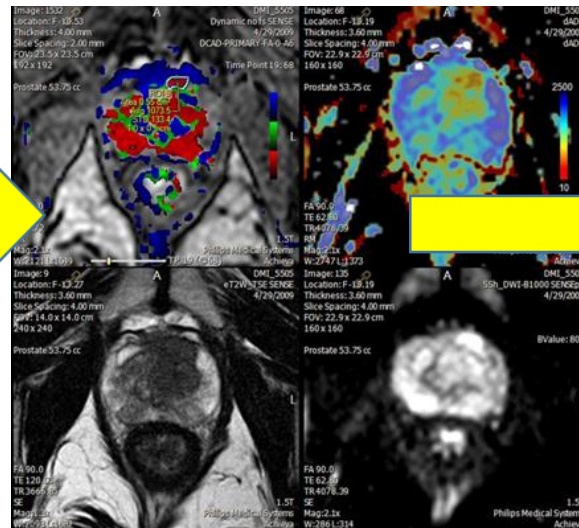
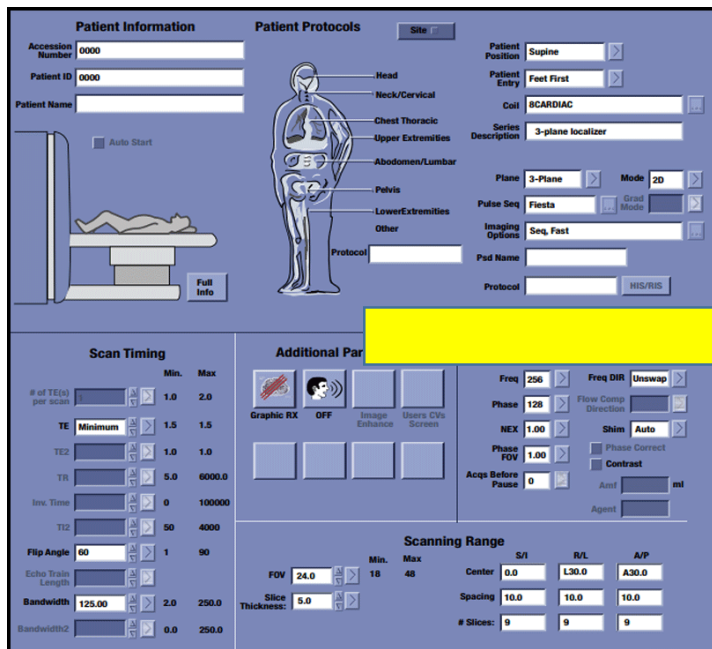
$$\Omega = A \cdot \int_0^t e^{-E_a/RT(\tau)} d\tau$$

A = frequency factor ( $3.1 \times 10^{98} \text{ s}^{-1}$ )

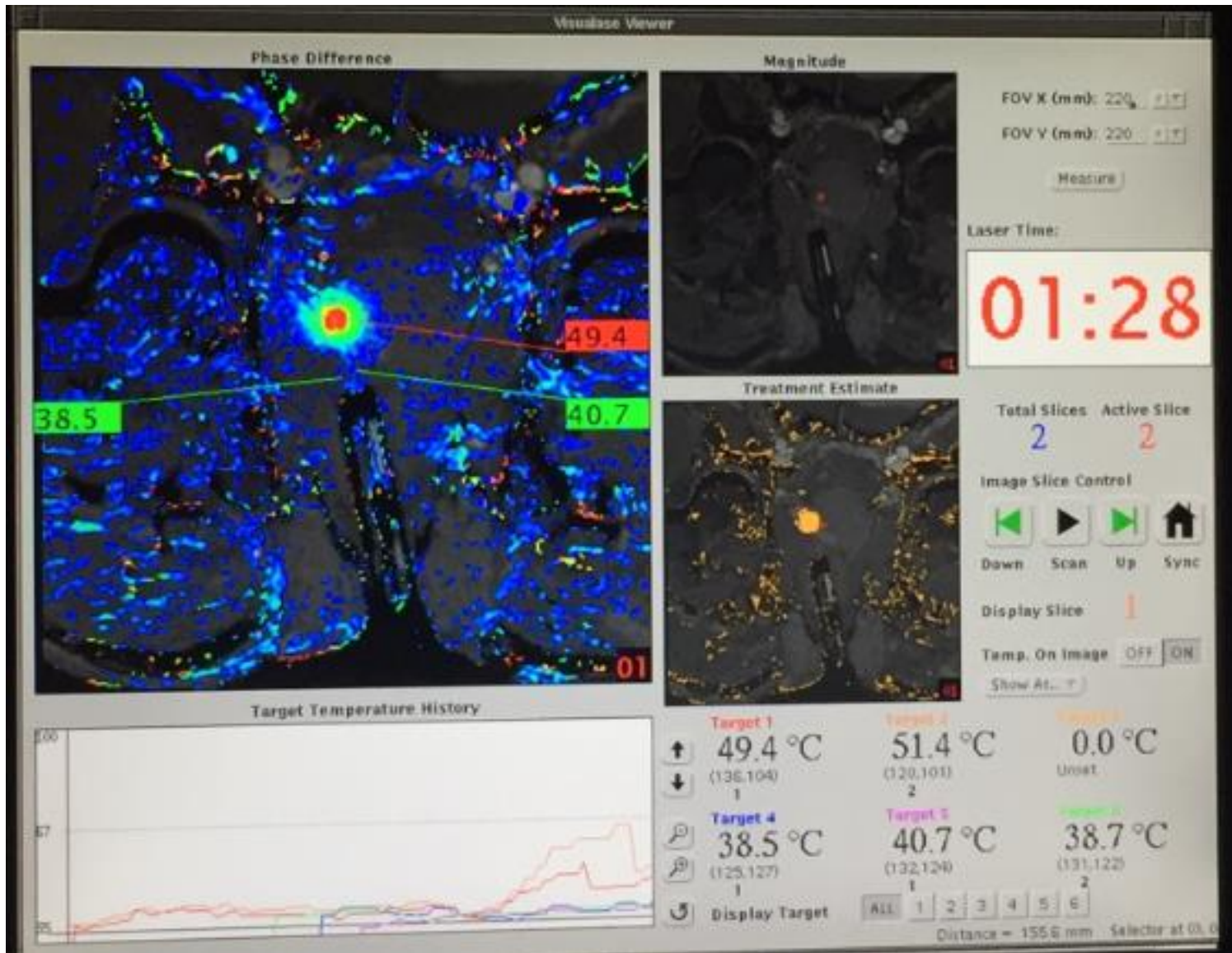
$E_a$  ( $6.25 \times 10^5 \text{ J/mol}$ ) = activation energy

R = universal gas constant

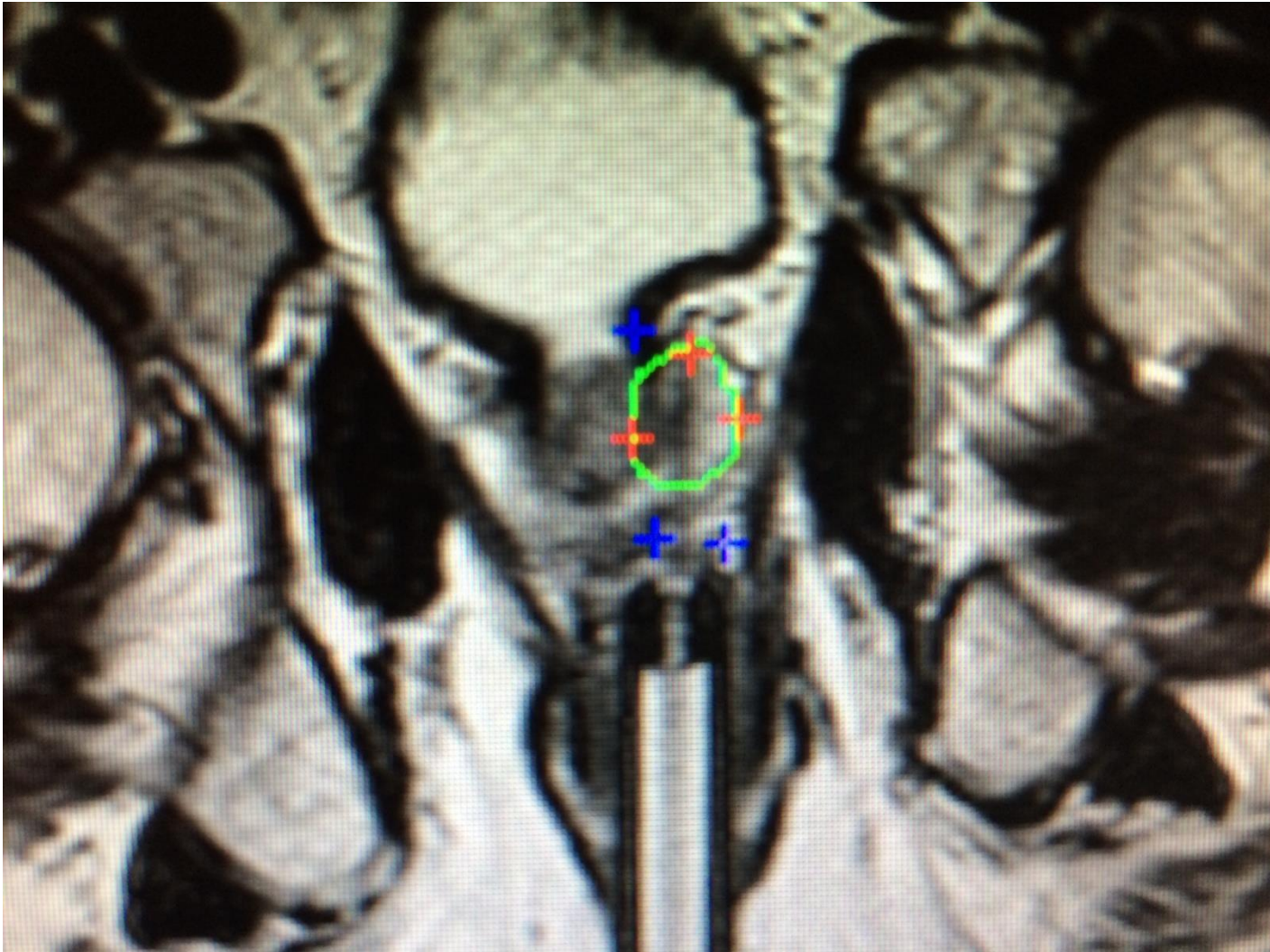
$T(\tau)$  = absolute temp. in  $^{\circ}\text{K}$  as a function of time



# Thermometry interface - Proton resonance frequency (PRF) shift thermometry



# Contouring and Safety Controls

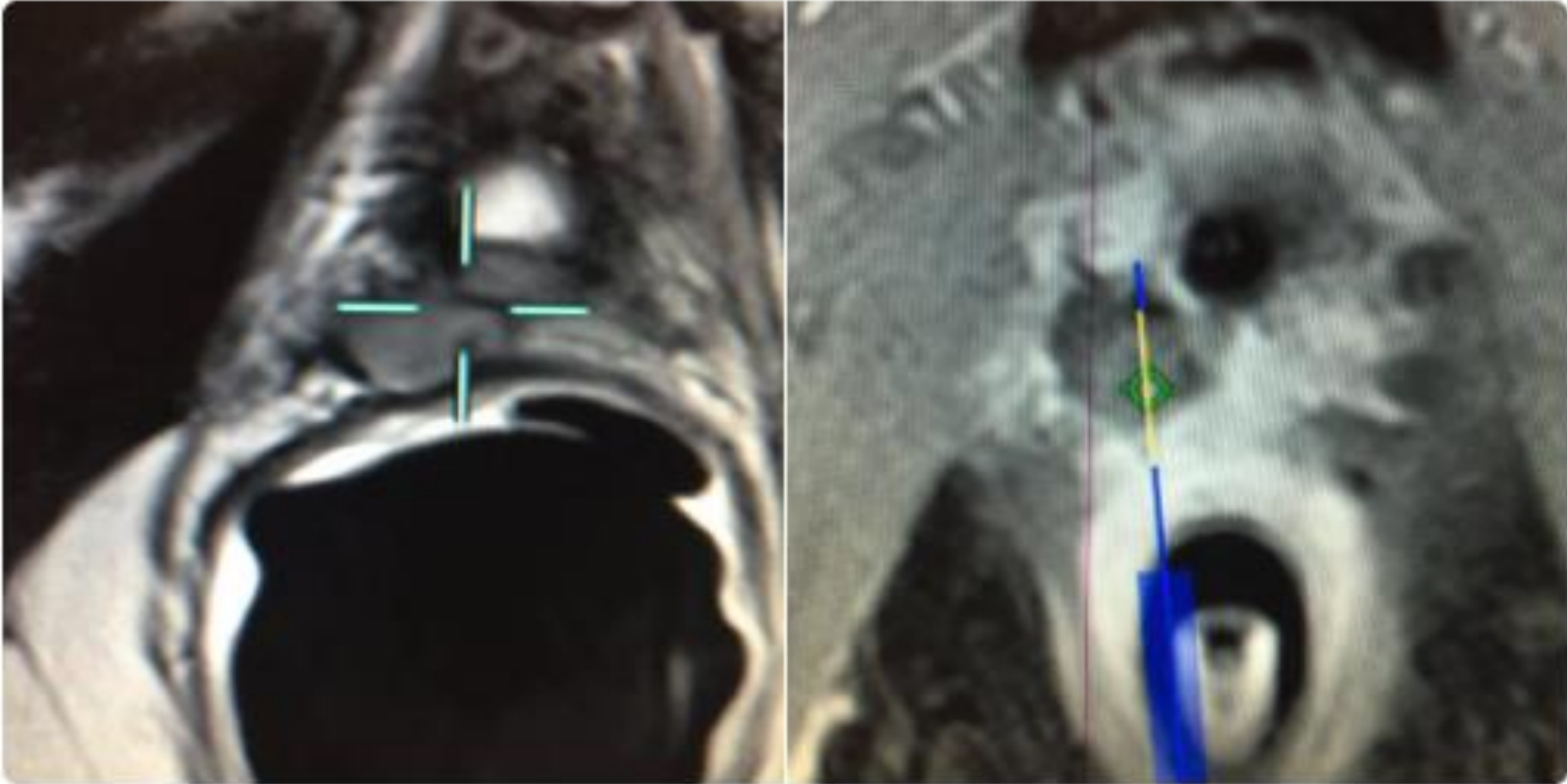


# Salvage post-prostatectomy April 5, 2018



**Bernadette Greenwood** @multiparametric · Apr 5

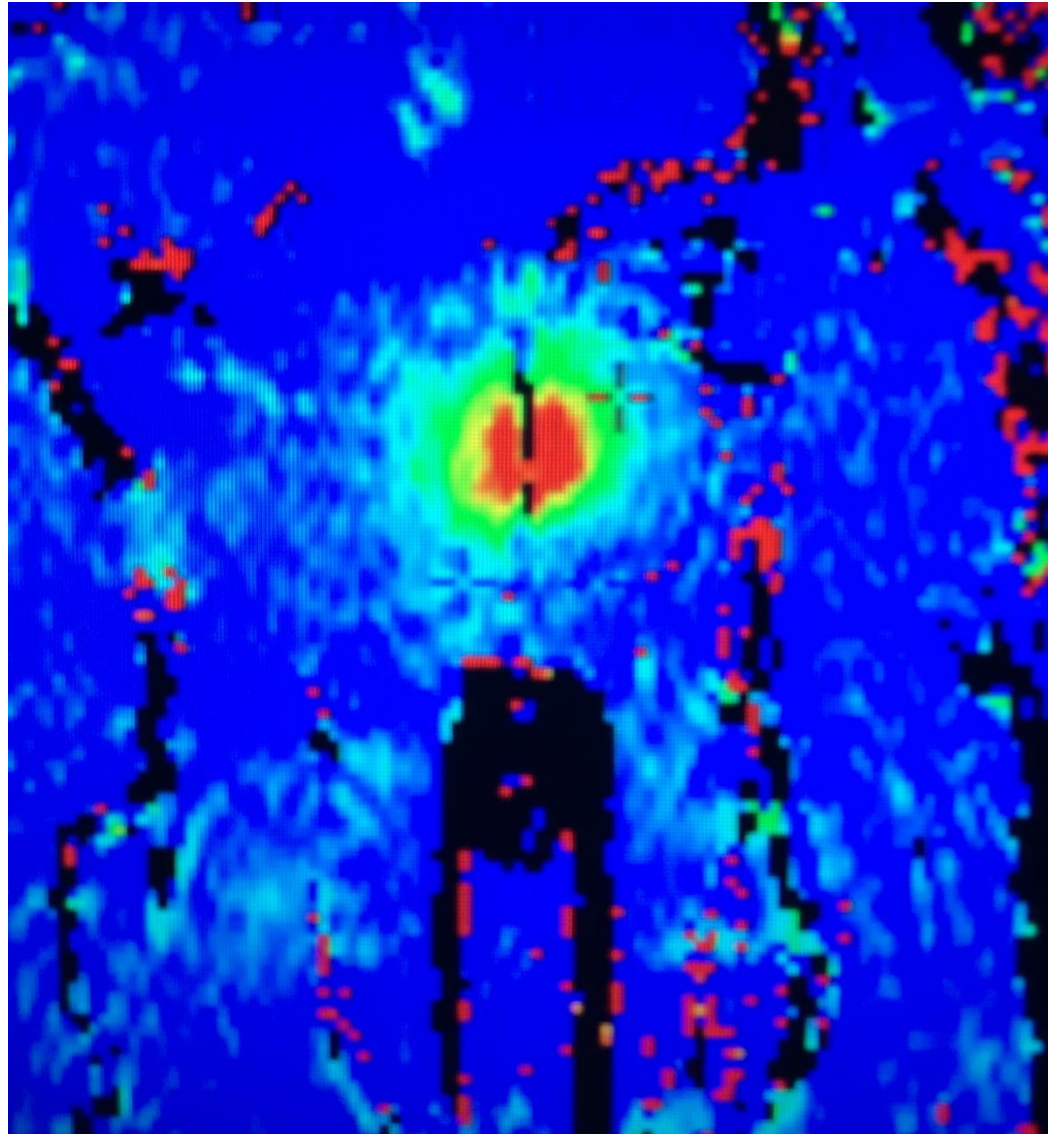
Before and after. Tricky!



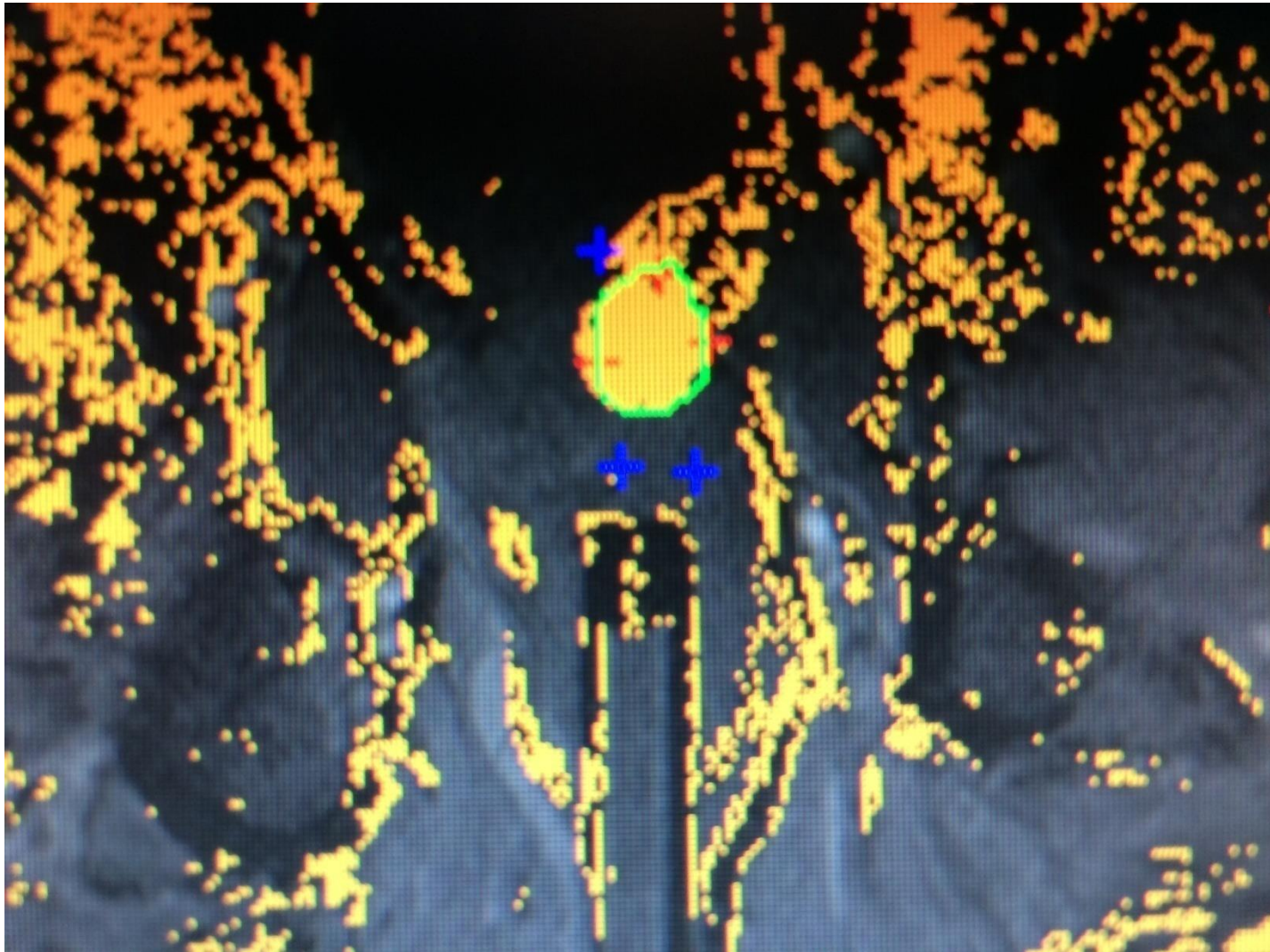
# Real Time MR Thermometry

Test Dose  
4W (27%)  
~100 degrees F

Treatment Dose  
12W (80%)  
90 sec



# Irreversible Damage Estimate



# Technical aspects – ECR 2011

**EPOS<sup>TM</sup>**  
*Electronic Presentation Online System*

**ESR**  
European Society of Radiology

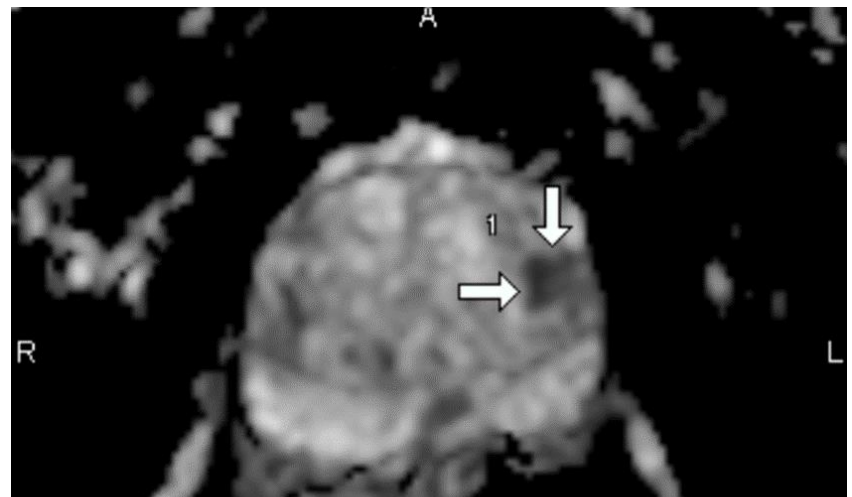
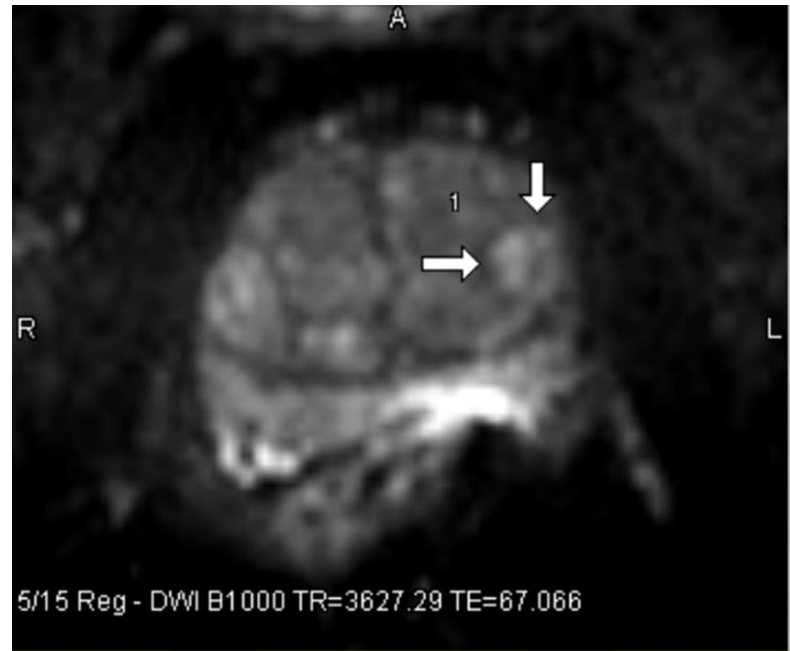
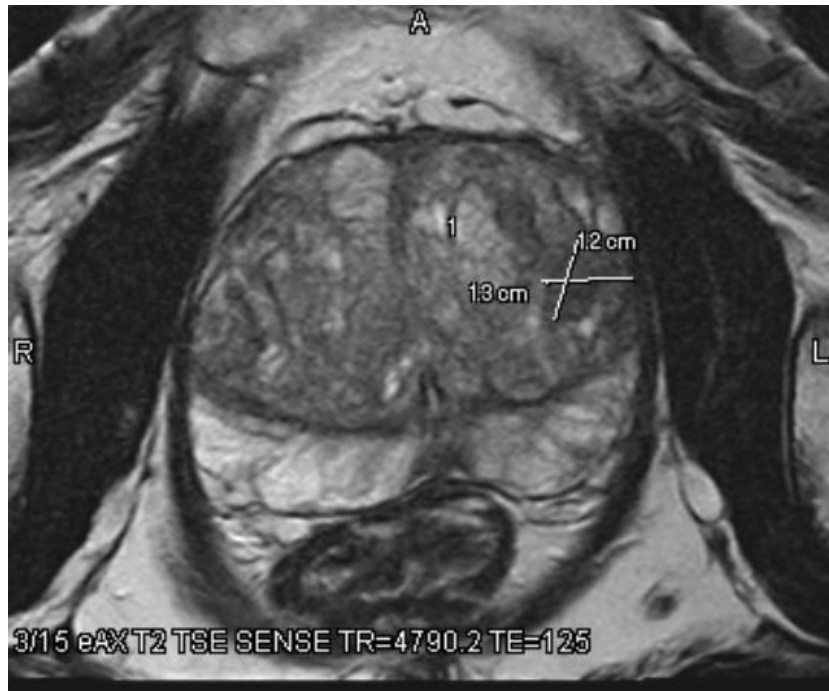
## **Technical aspects of trans-rectally delivered, MRI-guided laser therapy of prostate cancer**

**Poster No.:** C-1045  
**Congress:** ECR 2011  
**Type:** Scientific Paper  
**Authors:** B. M. Greenwood<sup>1</sup>, J. F. Feller<sup>2</sup>, R. McNichols<sup>3</sup>; <sup>1</sup>Pewaukee, WI/US, <sup>2</sup>Indian Wells, CA/US, <sup>3</sup>Houston, TX/US  
**Keywords:** Genital / Reproductive system male, Oncology, Pelvis, MR, CAD, Image manipulation / Reconstruction, Ablation procedures, Laser, Computer Applications-General, Tissue characterisation  
**DOI:** 10.1594/ecr2011/C-1045



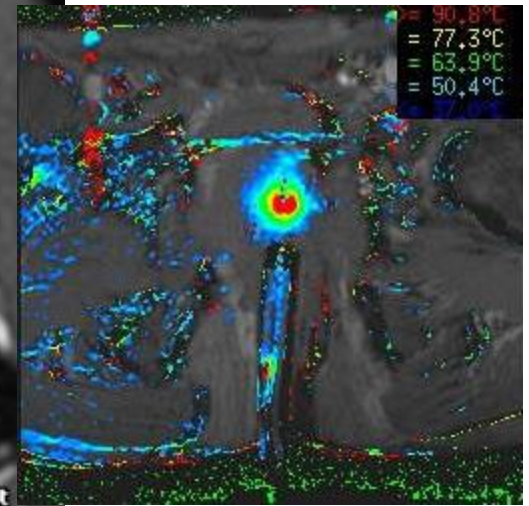
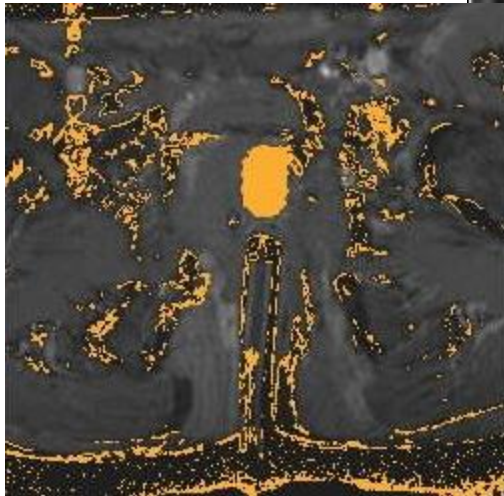
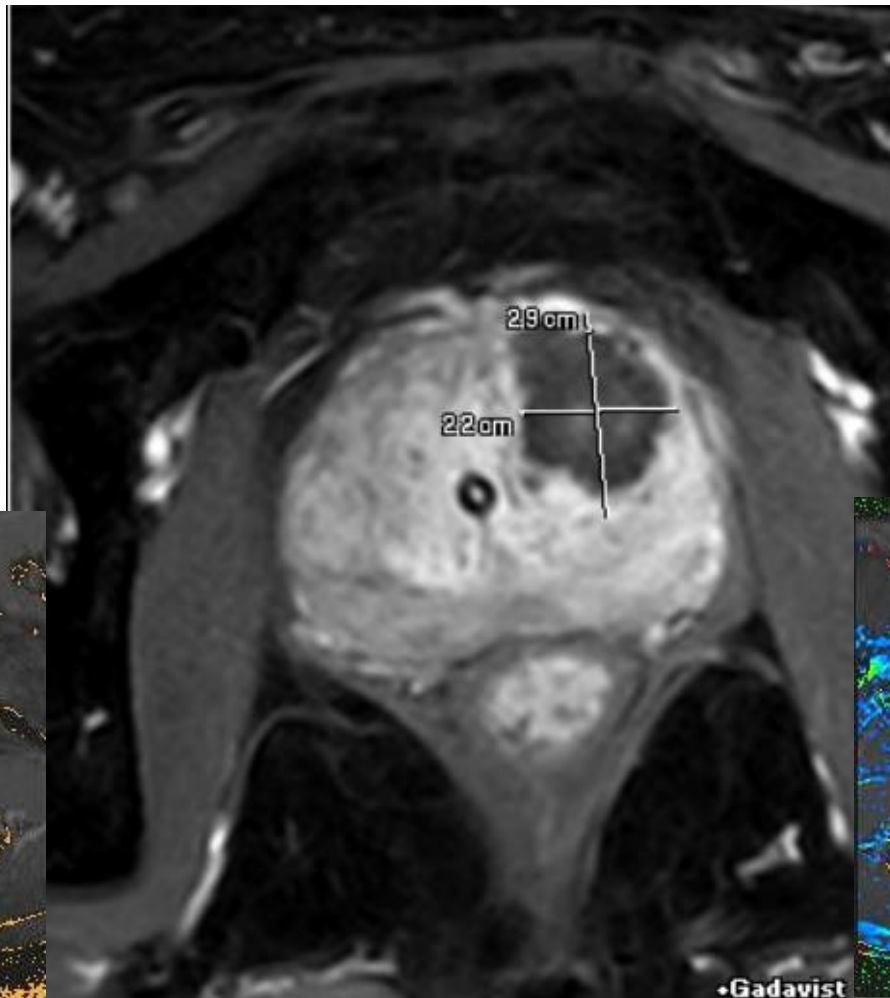
# Patient J.D.

GS 3+4=7



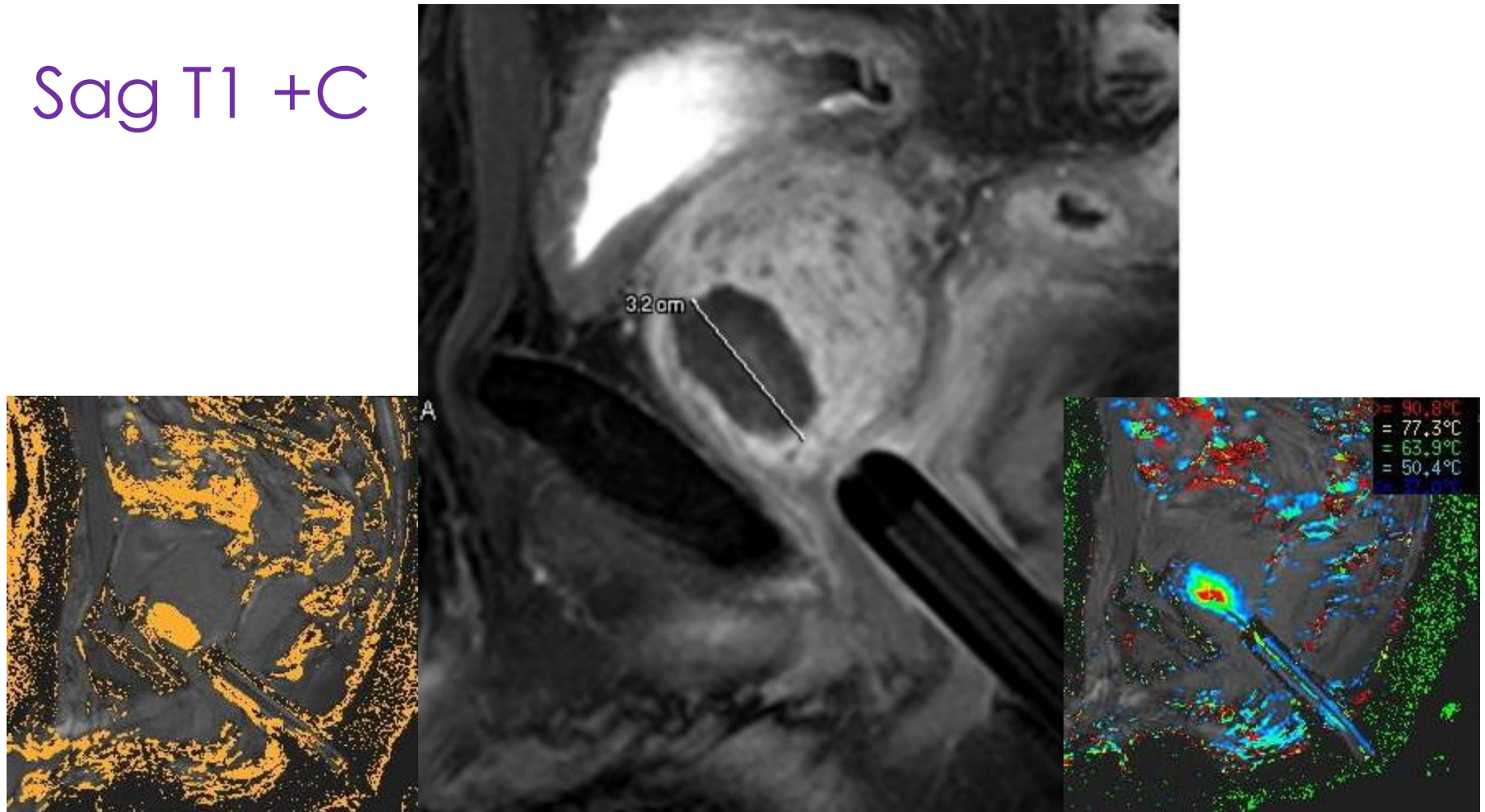
# Patient J.D. – MRG Laser focal therapy 8/2014

Ax T1 +C



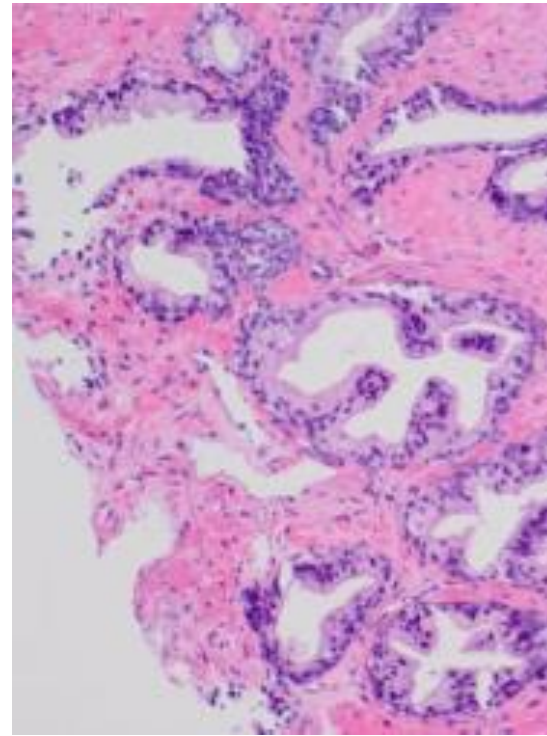
# Patient J.D. – MRG Laser focal therapy 8/2014

Sag T1 +C



# Patient J.D.

Negative bx at 6 mo. f/u focal laser

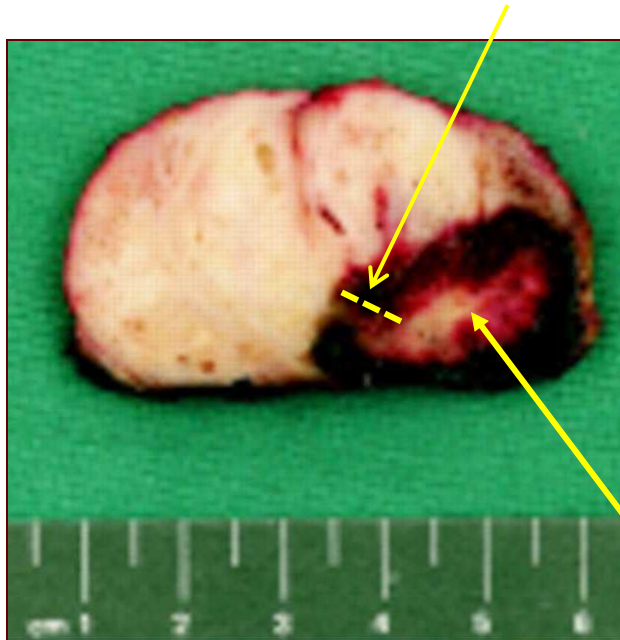


# Laser interstitial thermal therapy margins

## Precision and Control

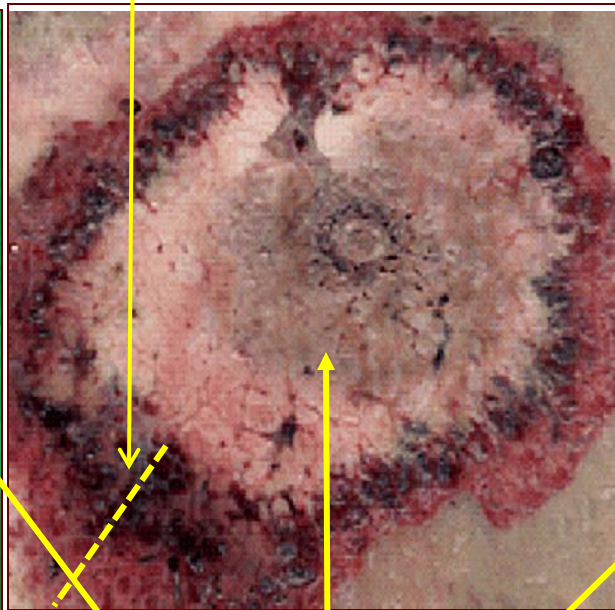
Sharp transition zone between dead and viable tissue

Transition zone  
in HIFU can be 5-10 mm



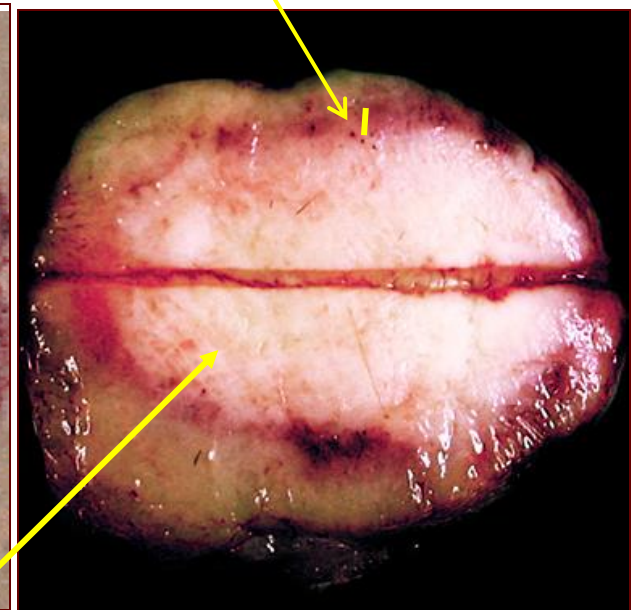
US-guided HIFU lesion

Transition zone in RF and  
Cryo can be 5-10 mm



Necrotized tissue

Visualase transition  
zone is less than 1 mm



\* Photos at different scales

# Methodology

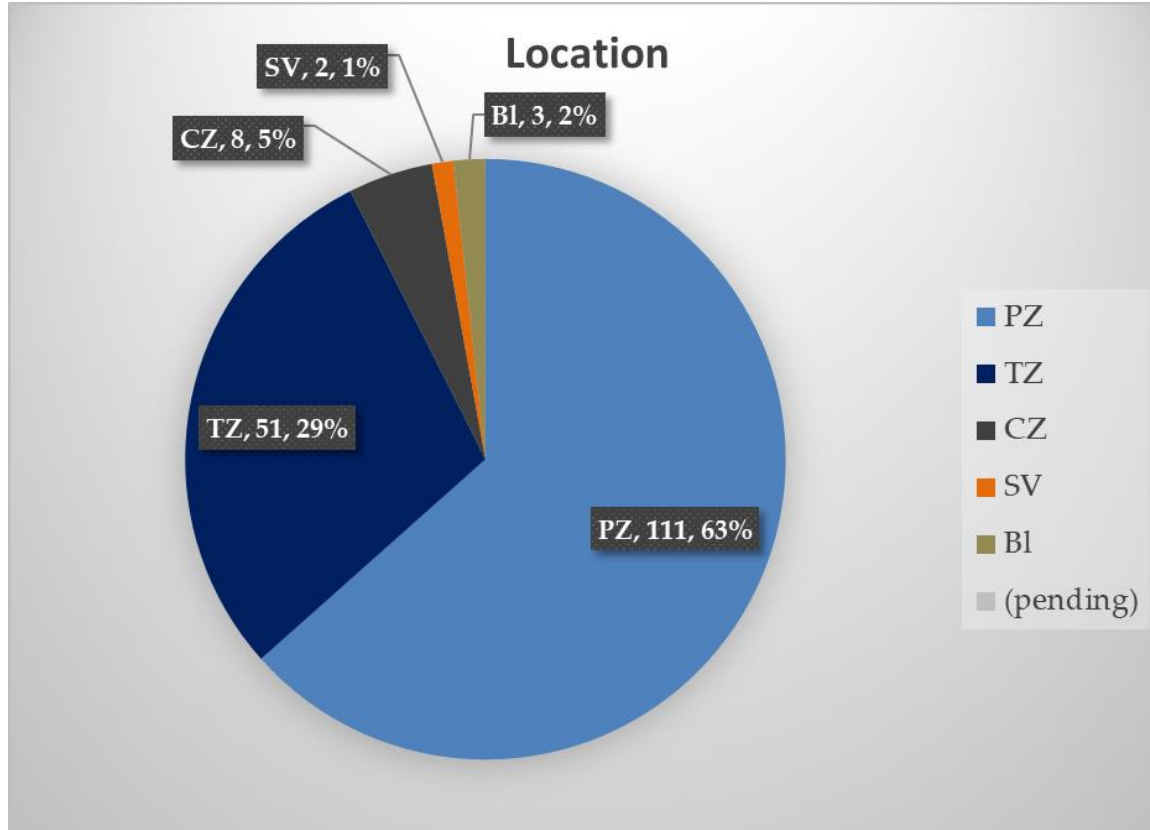
- IRB approved, 510k cleared technology
- NCT# 02243033
- Outpatient trans-rectal laser therapy (15W, 980 nm diode laser) guided with 1.5T MRI system (image acquisition & real-time thermometry)
- True focal therapy
- Goal to eliminate MRI abnormality + 1cm
- 175 cancer foci treated in 119 patients from 2010 – 2018
- 6-Month biopsies performed with MRI active surveillance follow-up
- Evaluation of PSA, PSAD, mpMRI, recurrence rates (marginal, incidence), IPSS, SHIM, PHQ-9

## Patient Population At A Glance:

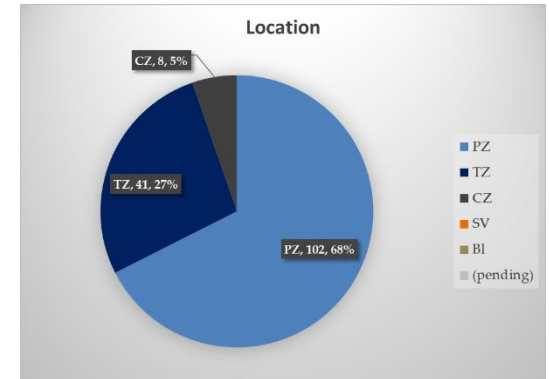
Statistic	Data
<b># of Patients</b>	119
<b># of Treatment Naïve Patients</b>	100 / 119 (84%)
<b># of Salvage Patients</b>	19 / 119 (16%)
<b># of Total Lesions</b> 175	
<b># of Treatment Naïve Lesions</b>	150 / 175 (86%)
<b># of Salvage Lesions</b>	25 / 175 (14%)
<b>Mean Initial PSA</b>	7.31
<b>Mean Nadir PSA</b>	3.19 (56% drop)
<b>Min Age</b>	48
<b>Max Age</b>	87
<b>Median Age</b>	67

# Tumor Location Statistics

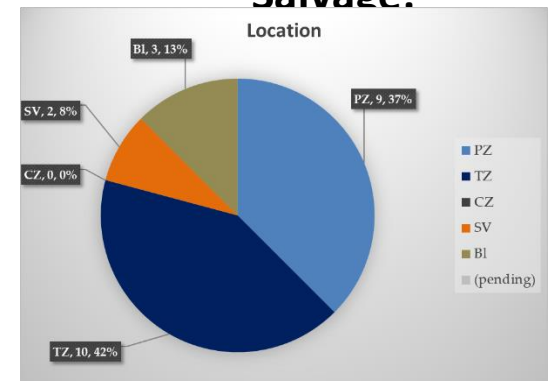
All Patients:



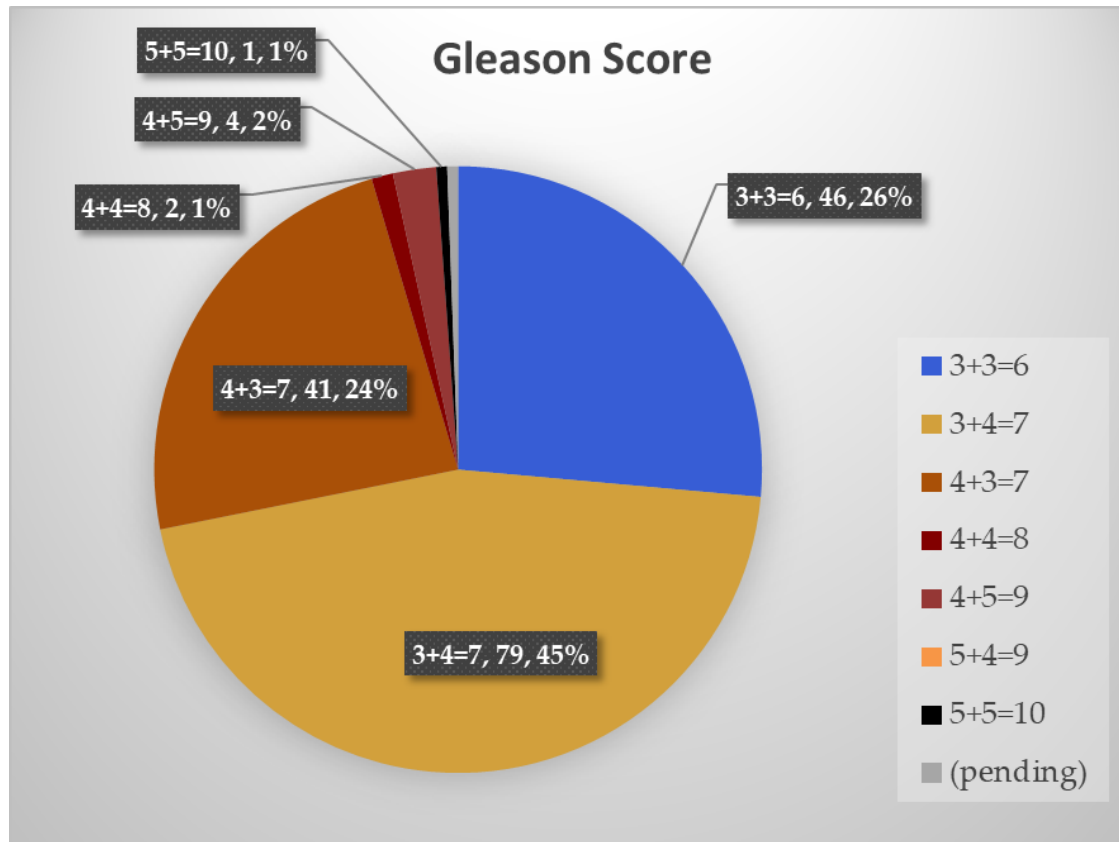
Treatment Naïve:



Salvage:

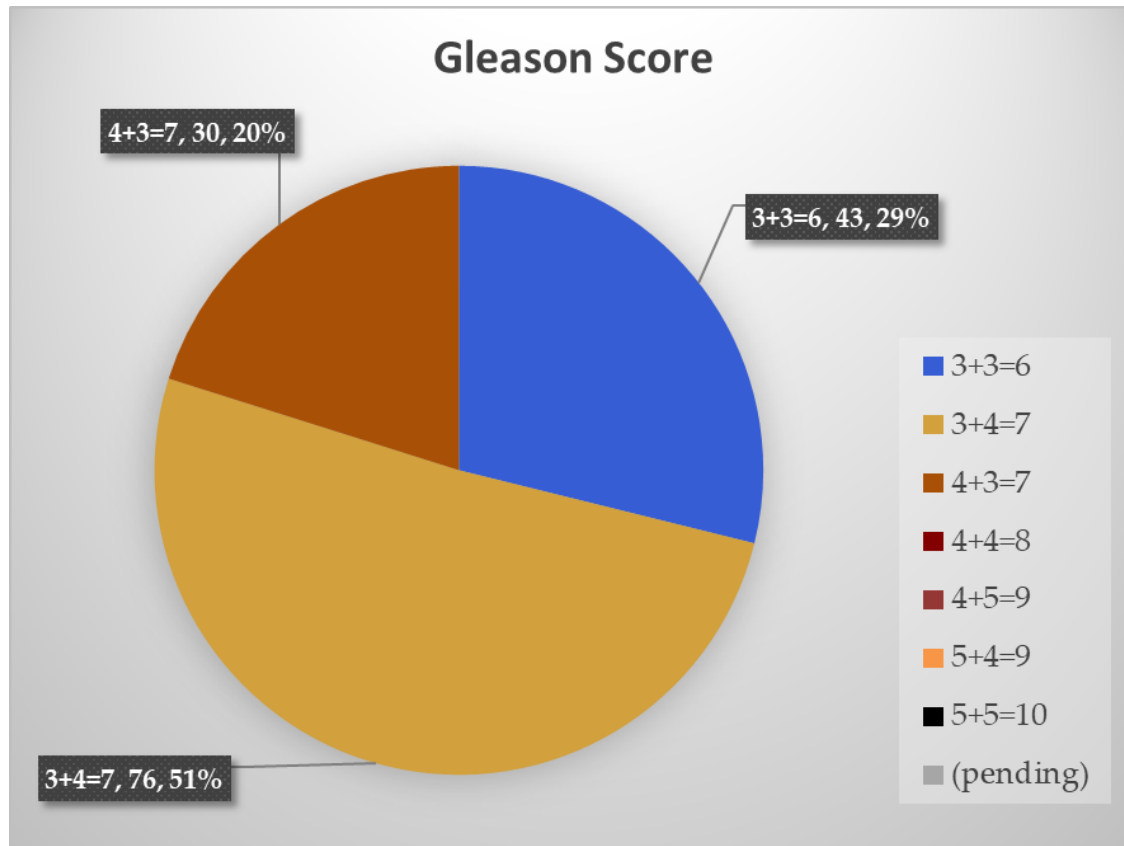


# Gleason Score Breakdown – All Patients

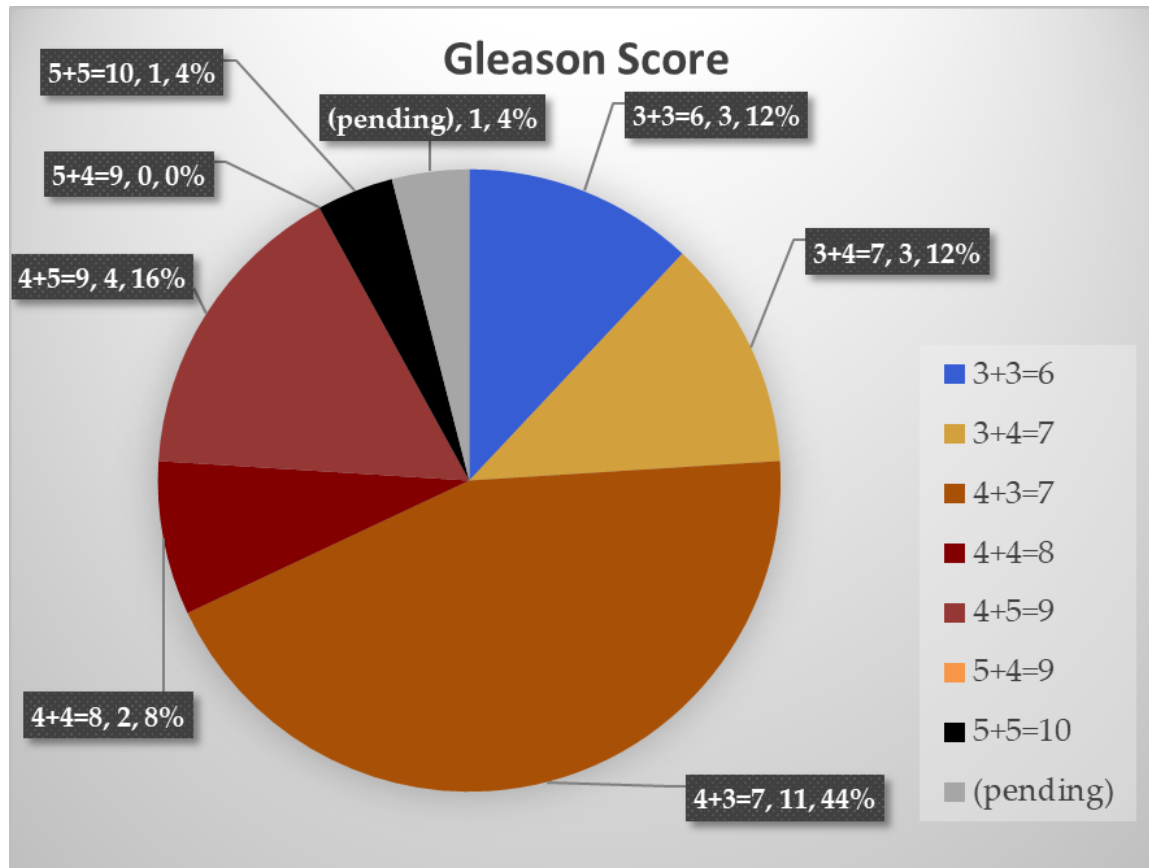




# Gleason Score Breakdown – Treatment Naïve

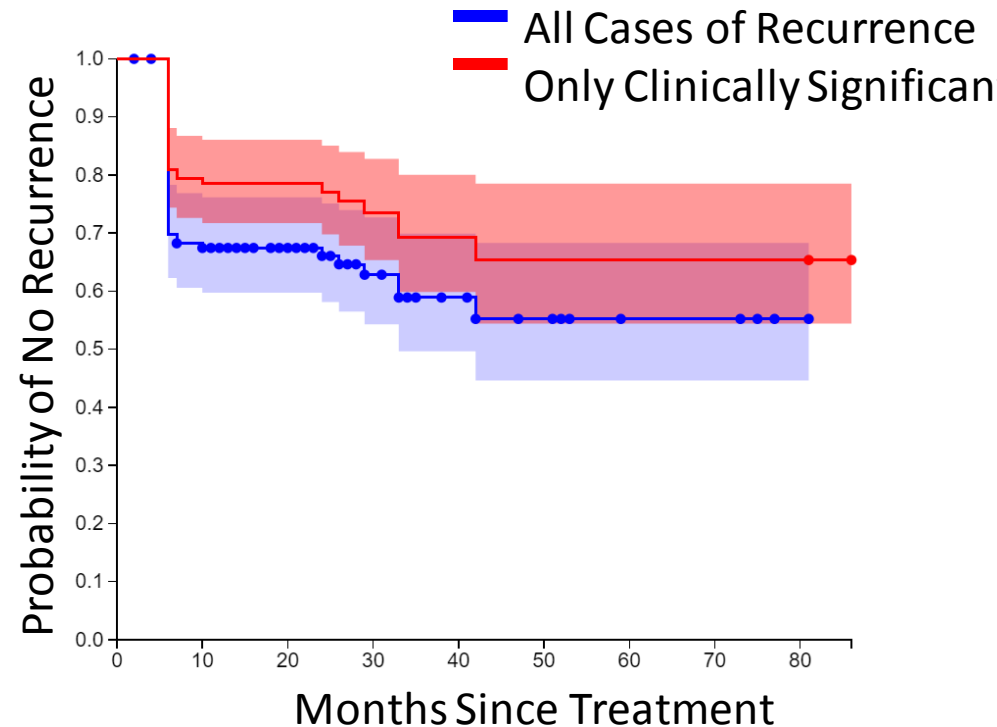


# Gleason Score Breakdown – Salvage



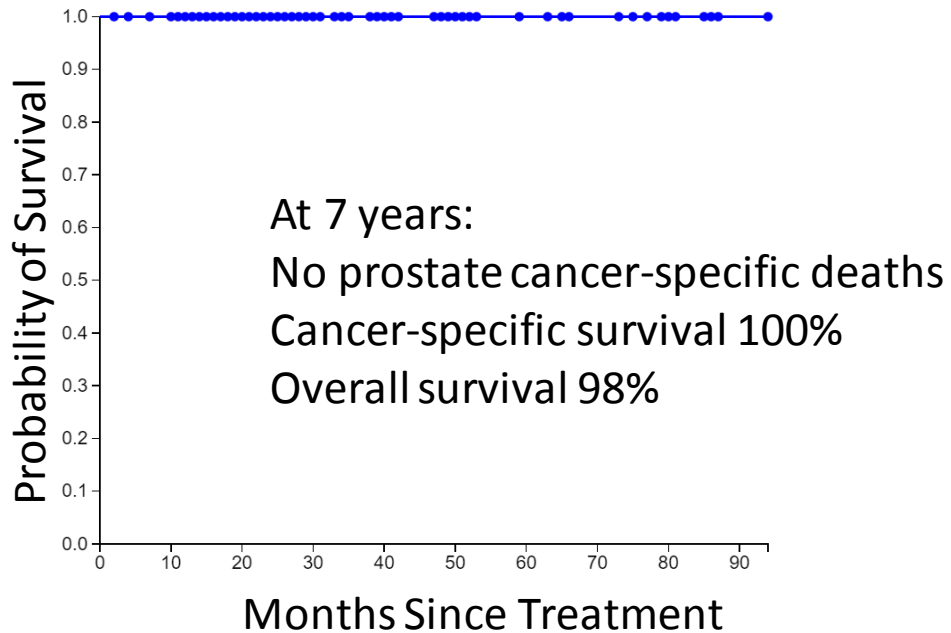
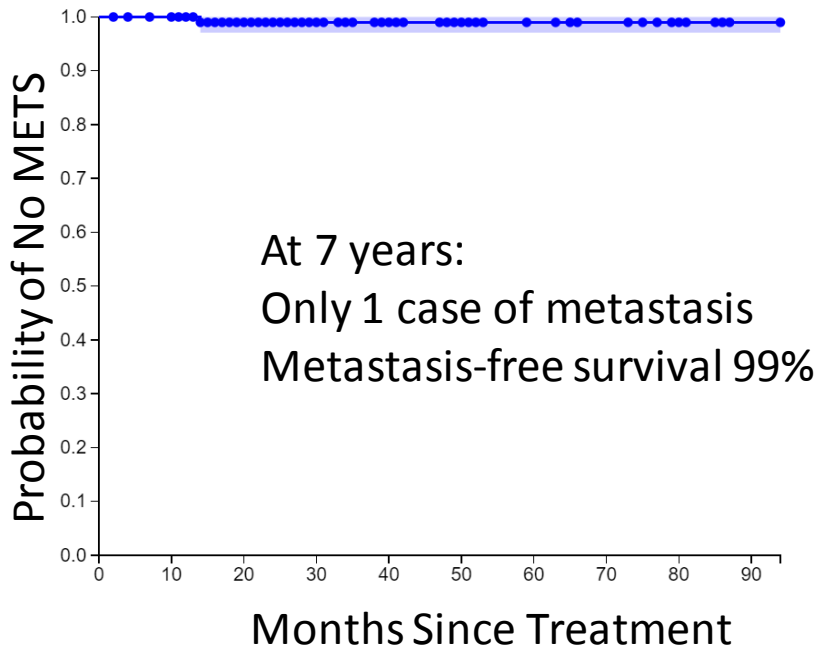
# Results – Biopsy Proven Recurrence Statistics

- While **no** prostate cancer-specific deaths have occurred, a Kaplan-Meier Curve of *recurrent* cancer is shown with 95% confidence interval bands.
- The drop at the 6-month mark is due to the protocol with a biopsy being acquired 6-month following treatment to detect marginal recurrence.



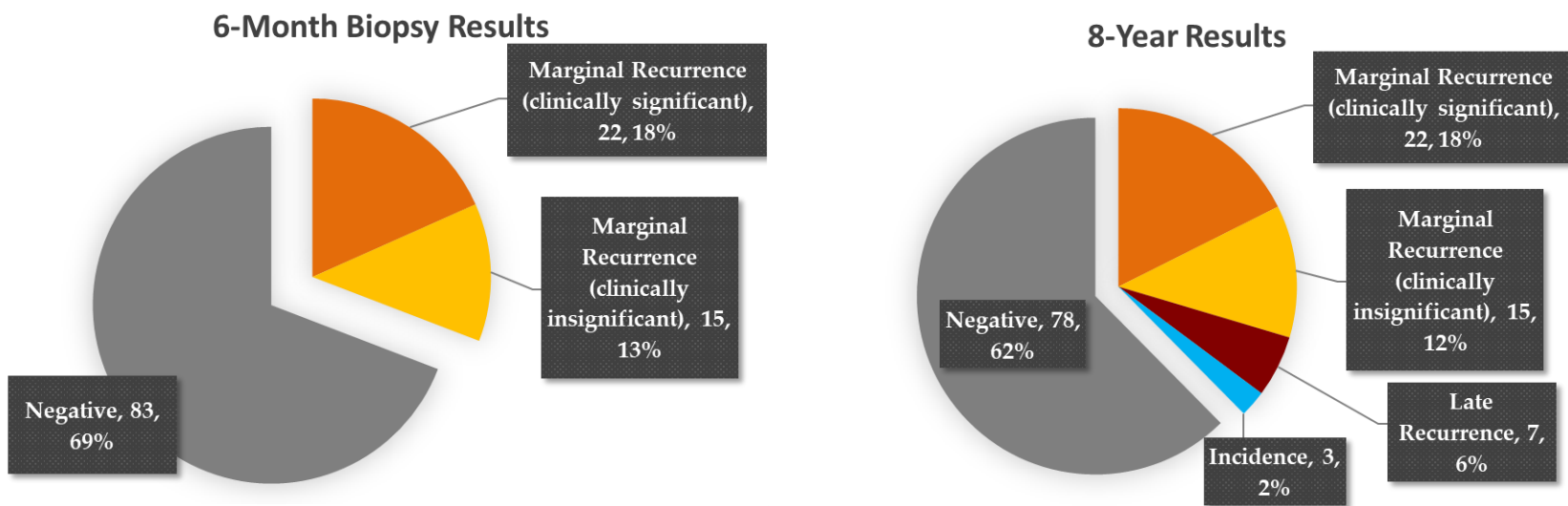
\*Excludes 3+3=6 recurrence

# Results – Kaplan-Meier Survival Curves



# Results – Biopsies (with significance breakdown)

- Biopsies evaluating treatment efficacy performed at 6 months.
- MRI active surveillance over 8 years.



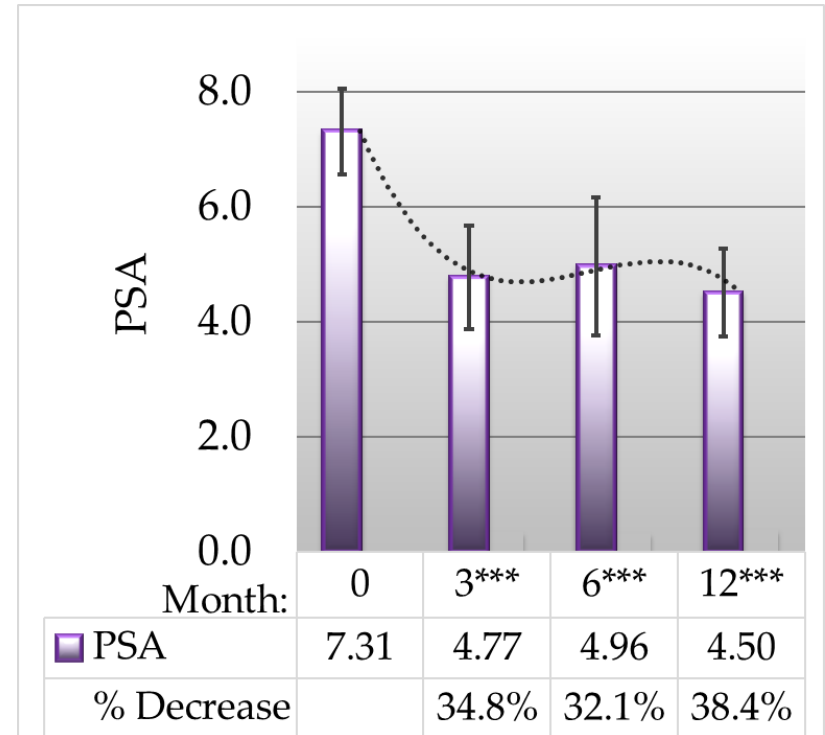
*("Clinically Significant" excludes 3+3=6)*

# Field Cancerization: “WHAC-A-MOLE” Patients



# Results – PSA

- Mean PSA dropped 38%, 12 months following treatment
- 95% Confidence Interval shown as error bars
- Compared to the initial PSA (Month 0), paired Student's t-test used to evaluate mean PSA, **p<.001\*\*\***



# Conclusions & Next Steps

- 8 year interim data in over 100 patients indicates outpatient MR-guided trans-rectal laser focal therapy is both safe and feasible.
- No statistically significant erectile dysfunction, or incontinence.
- Favorable results for quality of life without eliminating the possibility of whole-gland therapy or additional laser focal therapy in patient's future.
- Short term and intermediate term oncologic control is achievable in 75% of patients.
- Minimally-invasive outpatient laser focal therapy of prostate cancer may be an attractive option for specific patient populations.
- “Nothing ruins good results like follow-up.” >>> 20 year Phase 2 study ongoing.
- International multi-institutional Phase 2 trial through the International Laser Network awaiting IRB approval.
- Ongoing IRB approved clinical trial exploring tissue genomics for risk stratification.
- IND submission completed to FDA for combination therapy awaiting approval.



# References

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# Disclosures:

Ms. Greenwood has no financial disclosures

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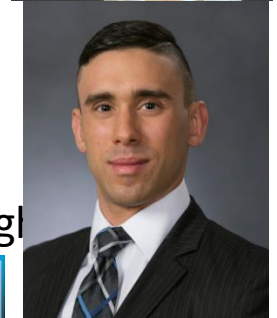
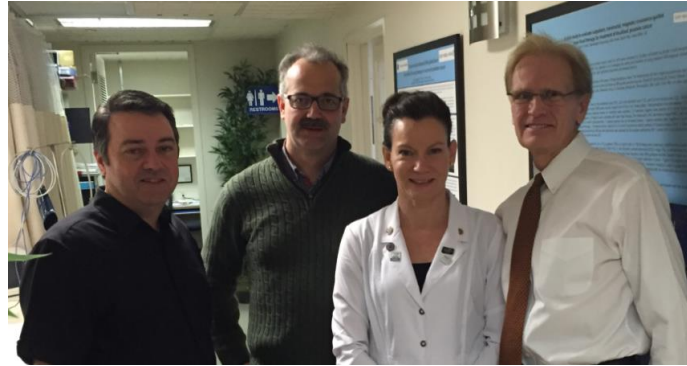
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# Acknowledgements

- John Feller, MD (DMI)
- Stuart May, MD (DMI)
- Roger McNichols, PhD  
(Visualase Inc.)
- Axel Winkel  
(Invivo-Germany)
- Wes Jones, (DMI)
- Rob Toth, PhD (Biostatistician  
Toth Technology, Virbio)



- Andrew Farrall, BSc, MSc, MD, FRCPC (Diagnostic Radiology, Univ. Edinburgh)
- Elda Railey, Co-founder Focus on Research **Research Advocacy Network**
- [www.thefocaltherapyfoundation.org](http://www.thefocaltherapyfoundation.org) founding donor, Vinny Smith
- Army Women's Foundation Graduate Program Legacy Scholarship

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